

Saturday 9th July Event 1 Women 2000 m SC Open

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CBP: 6:58.66 13/07/2019 Lauren Stoddart Sen, Edinbu
2019: 6:58.66 13/07/2019 Lauren Stoddart Sen, Edinbu
Name Age Team Finals
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Section 1

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1 Georgia Ledingham U20 CORSTORPHINE AAC 7:47.86
2 Becky Dunphy Sen VP-GLASGOW AC 7:52.20

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Saturday 9th July Event 2 Decathlon: #1 Men 100 m U17M

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CBP: 11.43 13/07/2019 Adam Hoole U17, Team East Lo
2019: 11.43 13/07/2019 Adam Hoole U17, Team East Lo
Name Age Team Finals Points
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Section 1 Wind: 2.4

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1 Zak Fearn U17 INVERNESS HA 11.42 769
2 Caleb McLeod U17 PITREAVIE AAC 11.92 667
3 Callum Newton U17 DUNFERMLINE 12.08 635
4 Finn Bryce U17 ABERDEEN AAC 12.41 573

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Saturday 9th July Event 2 Decathlon: #1 Men 100 m U20 SM Mas

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CBP: 11.15 13/07/2019 Joel McFarlane U20, Arbroath & D
2019: 11.15 13/07/2019 Joel McFarlane U20, Arbroath & D
Name Age Team Finals Points
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Section 1 Wind: 1.5

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1 Eden Duff Sen KILBARCHAN AAC 12.13 626
2 Derek Glasgow 55 ARBROATH & D 14.15 589
3 Alistair Hill 70 MIDDLESBROUG 15.60 624

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Section 2 Wind: 0.4

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1 Jonathan Cameron U20 INVERCLYDE AC 11.97 657
2 Dakota Sattar U20 VP-GLASGOW AC 12.01 649
3 Euan Wallace U20 CUMBERNAULD AAC 12.72 516
4 Ross Lawrie U20 CENTRAL AC 12.96 475
5 Lewis Vick U20 NORTH AYRSHIRE AAC 13.24 428

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Section 3 Wind: 1.9

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1 William Hodi U20 NAIRN AREA AAC 11.64 723
2 Alister Mackay U20 INVERNESS HA 11.89 673
3 Lexx McConville U20 WINDSOR SLOU 11.91 669
4 Danny Hagan U20 WATERFORD AC 12.21 610

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Saturday 9th July Event 3 Heptathlon: #1 Women 100 m H U20 SW

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CBP: 13.94 13/07/2019 Danielle McGifford Sen, Wigan Harrie
2019: 13.94 13/07/2019 Danielle McGifford Sen, Wigan Harrie
Name Age Team Finals Points
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Section 1 Wind: 2.1

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1 Briagha Cook Sen ABERDEEN AAC 15.81 738
2 Emma Kelly Sen KILBARCHAN AAC 20.19 287

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Section 2 Wind: 2.3

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1 Lisa Wilker U20 NORWAY 14.61 894
2 Hannah Wallace U20 CUMBERNAULD AAC 15.20 815
3 Brooke Dunlop U20 KILMARNOCK H&AC 15.72 749
4 Amy Kennedy U20 CUMBERNAULD AAC 15.86 732
5 Isla Raeburn U20 KILMARNOCK H&AC 17.89 500
6 Leah Howard U20 BLACKPOOL WY 17.91 498
7 Ellen Montgomery U20 CENTRAL AC 19.54 341

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Saturday 9th July Event 4 Outdoor Pentathlon: #2 Boys 75 m H U13B

Name	Age	Team	Finals	Points
CBP:	12.78	14/07/2018	Max Evans U13b, Team East Lo	
2019:	13.74	13/07/2019	Luke Pichler U13, Wallsend Har	

Section 1 Wind: 1.6

1 Murray Taylor U13		INVERNESS HA	12.77	527
2 Charlie Hunter U13		DUNFERMLINE	13.12	494
3 Murray Graham U13		SHETTLESTON	15.19	321

Saturday 9th July Event 5 Outdoor Pentathlon: #2 Boys 80 m H U15B

Name	Age	Team	Finals	Points
CBP:	12.24	01/07/2017	Adam Hoole U15, Team East Lo	

Section 1 Wind: 3.0

1 Luc Macleod U15		BANCHORY STO	12.18	687
2 James Clark U15		VP-GLASGOW AC	12.23	682
3 Ray Taylor U15		FALKIRK VICT	16.01	335

Saturday 9th July Event 6 Women 100 m Masters

Name	Age	Team	Finals
2019:	13.46	13/07/2019	Rona Mcdowall W35, Unattached

Section 1 Wind: 1.9

1 Nina Cessford 35		TWEED LEADER	13.49
2 Susan Young 45		DUNDEE HAWKH	14.05
3 Deborah Roe 50		SPRINGBURN HARRIERS	14.84
4 Angela Kelly 60		GIFFNOCK NORTH AC	16.49

Saturday 9th July Event 6 Men 100 m Para + Masters

Name	Age	Team	Finals
Section 1 Wind: 2.0			
1 Iain McEwan	35	WHITEMOSS AAC	11.28
2 Alastair Beaton	40	INVERNESS HA	11.92
3 Cameron Thores	T47 U20	CORSTORPHINE AAC	12.29
4 Gary Fenwick	40	TYNEDALE HAR	12.46
5 Nigel Gorvett	40	BLYTH RUNNING CLUB	12.70
6 Kieran McGhee	T20 U20	RED STAR AC	13.31
Section 2 Wind: 2.4			
1 Alan Robertson	45	MOTHERWELL AC	11.76
2 Mike Tarnawsky	45	DUNDEE HAWKH	12.33
3 John Tindal	45	PITREAVIE AAC	12.34
4 Carson Graham	45	SHETTLESTON	12.52
5 Andrew Clydesdale	45	EAST KILBRIDE AC	13.02
6 Stuart Gebbie	T12 Sen	RED STAR AC	13.49
7 Iain Boyd	T37 Sen	ABERDEEN AAC	13.54
Section 3 Wind: 1.9			
1 Will MacGee	50	BEDFORD & COUNTY AC	12.17
2 Paul Allan	50	PITREAVIE AAC	13.24
3 Douglas Dickson	55	KILMARNOCK H&AC	13.65
4 Graeme Breslin	55	CORSTORPHINE AAC	13.87
5 William Skinner	60	ABERDEEN AAC	14.58
6 Neil Young	60	FIFE AC	15.42
7 Grant Wooler	60	PERTH RR	15.79
Section 4 Wind: 1.4			
1 Martin Leyland	65	SHETLAND AAC	13.11
2 Christopher Fenwick	65	TYNEDALE HAR	14.11
3 Keith Ridley	65	EDINBURGH AC	14.56
4 David Edelman	65	GIFFNOCK NORTH AC	15.44
5 James Smith	75	MOTHERWELL AC	15.54
6 Melvyn James	75	LES CROUPIERS RC	16.59
7 James Wright	65	HUNTERS BOG	16.85

Saturday 9th July Event 7 Heptathlon: #1 Women 80 m H U17W Mas

CBP:	11.86	02/07/2016	Holly McArthur, Whitemoss AA	
2019:	12.07	13/07/2019	Katie Burr U17, VP-Glasgow A	
Name	Age	Team	Finals	Points
Section 1 Wind: 2.4				
1 Isabella Passway	U17	DUNDEE HAWKH	13.36	635
2 Ellen Macleod	U17	BANCHORY STO	13.83	585
3 Ellie McGee	U17	ABERDEEN AAC	13.84	584
4 Esther Taylor	U17	HARMENY AC	14.86	488
5 Molly Macfarlane	U17	CENTRAL AC	16.72	343
Section 2 Wind: 2.7				
1 Zoe Loughrey	U17	VP-GLASGOW AC	12.31	758
2 Stroma Fraser	U17	INVERNESS HA	12.34	754
3 Carly Smith	U17	LIVINGSTON AC	12.67	714
4 Kirstin Penman	U17	DUNFERMLINE	12.95	681
5 Millie Train	U17	BLYTH RUNNING CLUB	13.09	664

Saturday 9th July Event 8 Women 800 m Masters

Name	Age	Team	Finals
=====			
2019:	2:35.57	13/07/2019 Karen Kennedy W45, PH Racin	
=====			
Section 1			
1 Laura Haggarty 35		KILMARNOCK H&AC	2:24.83
2 Jennifer Beattie 40		KILMARNOCK H&AC	2:32.36
3 Ana Richardson 55		WEST END RR	2:32.68
4 Anne Howie 60		ABERDEEN AAC	2:41.41
5 Sharyn Ramage 55		EDINBURGH AC	3:00.25
6 Angela Malcolm 50		FIFE AC	3:13.93

Saturday 9th July Event 8 Men 800 m Masters

Name	Age	Team	Finals
=====			
2019:	2:04.07	13/07/2019 Grant Baillie M40, East Kil	
=====			
Section 2			
1 Grant Baillie 40		EAST KILBRIDE AC	2:01.50
2 Stephen Brown 40		WEST END RR	2:05.45
3 Graeme Laing 40		VP-GLASGOW AC	2:07.95
4 David Sherrington 40		KILMARNOCK H&AC	2:10.61
5 Richard Clark 45		EDINBURGH AC	2:28.60
Section 2			
1 Allan Cameron 50		CUMBERNAULD AAC	2:08.08
2 Gordon Barrie 50		DUNDEE HAWKH	2:11.02
3 Mark Gallacher 50		CAMBUSLANG HARRIERS	2:14.41
4 Lewis Orr 50		EDINBURGH AC	2:16.52
5 Chris Upson 55		CAMBUSLANG HARRIERS	2:24.91
Section 3			
1 Gerard Parkes 60		NEWRY AC	2:29.67
2 Grant Wooler 60		PERTH RR	2:44.64
3 Ed Norton 70		PH RACING CLUB	2:46.35
4 Henry Curran 70		KILBARCHAN AAC	2:50.67
5 Nigel Hetherington 60		FIFE AC	2:55.77
6 Alan Fulton 70		ABERDEEN AAC	4:09.10

Saturday 9th July Event 9 Men 3000 m SC Open

Name	Age	Team	Finals
=====			
CBP:	9:40.70	13/07/2019 Magnus Tait U20, Lasswade A	
2019:	9:40.70	13/07/2019 Magnus Tait U20, Lasswade A	
=====			
Section 1			
1 Warren Lorente U20		DUNDEE HAWKH	9:56.27
2 Sam Fernando Sen		FIFE AC	10:06.79
3 Declan Murray Sen		MACCLESFIELD	10:43.34
4 Sam MacNeil Sen		EDINBURGH AC	10:45.30
5 James Austin 55		CLYDESDALE HARRIERS	11:17.62
6 Colin Wylie 50		GIFFNOCK NORTH AC	12:45.85

Saturday 9th July Event 10 Women 200 m Masters

Name	Age	Team	Finals
=====			
Section 1 Wind: 1.2			
1 Nina Cessford 35		TWEED LEADER	27.68
2 Susan Young 45		DUNDEE HAWKH	29.27
3 Deborah Roe 50		SPRINGBURN HARRIERS	31.77
4 Kathleen Stewart 80		NORTH SHIELD	39.67

Saturday 9th July Event 10 Men 200 m Para + Masters

=====			
2019:	25.86	13/07/2019	Iain Boyd T37, Aberdeen AAC
Name	Age	Team	Finals
=====			
Section 1 Wind: 1.0			
1 Cameron Thores T47 U20		CORSTORPHINE AAC	24.98
2 Michael Burslem 40		BELGRAVE HARRIERS	25.36
3 Gary Fenwick 40		TYNEDALE HAR	25.44
4 Nigel Gorvett 40		BLYTH RUNNING CLUB	25.47
Section 2 Wind: 2.2			
1 Alan Robertson 45		MOTHERWELL AC	24.39
2 Mike Tarnawsky 45		DUNDEE HAWKH	25.42
3 John Tindal 45		PITREAVIE AAC	25.61
4 Andrew Clydesdale 45		EAST KILBRIDE AC	26.65
5 Iain Boyd T37 Sen		ABERDEEN AAC	27.33
6 Kieran McGhee T20 U20		RED STAR AC	27.69
7 Stuart Gebbie T12 Sen		RED STAR AC	28.24
Section 3 Wind: 3.0			
1 Will MacGee 50		BEDFORD & COUNTY AC	24.89
2 Paul Allan 50		PITREAVIE AAC	27.27
3 David O'Neill 50		UNATTACHED	28.14
4 Graeme Breslin 55		CORSTORPHINE AAC	28.21
5 William Skinner 60		ABERDEEN AAC	30.08
6 Ken Moncrieff 60		FALKIRK VICT	32.40
Section 4 Wind: 3.4			
1 Martin Leyland 65		SHETLAND AAC	27.17
2 Christopher Fenwick 65		TYNEDALE HAR	29.99
3 Keith Ridley 65		EDINBURGH AC	30.27
4 David Edelman 65		GIFFNOCK NORTH AC	32.27
5 James Treasurer 70		LOCHABER AC	33.09
6 James Smith 75		MOTHERWELL AC	33.74
7 Melvyn James 75		LES CROUPIERS RC	35.26
8 James Wright 65		HUNTERS BOG	35.73

Saturday 9th July Event 11 Women 400 m Masters

=====			
2019:	68.04	13/07/2019	Clare Barr W50, Motherwell A
Name	Age	Team	Finals
=====			
Section 1			
1 Laura Haggarty 35		KILMARNOCK H&AC	63.65
2 Jennifer Beattie 40		KILMARNOCK H&AC	67.82
3 Kathleen Stewart 80		NORTH SHIELD	1:34.57

Saturday 9th July Event 11 Men 400 m Masters

=====			
2019:	54.99	13/07/2019	Colin Welsh M35, Teviotdale H
Name	Age	Team	Finals
=====			
1 Michael Burslem 40		BELGRAVE HARRIERS	56.22
2 Nigel Gorvett 40		BLYTH RUNNING CLUB	56.89
3 Allan Cameron 50		CUMBERNAULD AAC	57.71
4 Mike Tarnawsky 45		DUNDEE HAWKH	57.91
5 Lewis Orr 50		EDINBURGH AC	61.08
6 Paul Allan 50		PITREAVIE AAC	62.58
Section 2			
1 Jim Gillon 55		LAW & DISTRICT AAC	62.56
2 Gerard Parkes 60		NEWRY AC	65.01
3 Graeme Breslin 55		CORSTORPHINE AAC	66.53
4 George Hunter 75		PITREAVIE AAC	79.39
5 James Wright 65		HUNTERS BOG	1:31.87
6 Alan Fulton 70		ABERDEEN AAC	1:46.42
7 James Treasurer 70		LOCHABER AC	2:01.75

Saturday 9th July Event 12 Women 1500 m Masters

Name	Age	Team	Finals
=====			
2019:	4:58.07	13/07/2019 Carol Parsons W40, Dundee H	
=====			
Section 1			
1 Ana Richardson	55	WEST END RR	5:17.80
2 Anne Howie	60	ABERDEEN AAC	5:25.79
3 Hilary Carswell	50	GIFFNOCK NORTH AC	5:38.44
4 Sharyn Ramage	55	EDINBURGH AC	6:19.11

Saturday 9th July Event 12 Men 1500 m Para + Masters

Name	Age	Team	Finals
=====			
2019:	4:16.41	13/07/2019 Moray Anderson M40, Corstor	
=====			
Section 1			
1 Grant Baillie	40	EAST KILBRIDE AC	4:10.80
2 Colin Whitby	40	GARSCUBE HARRIERS	4:21.75
3 Stephen Brown	40	WEST END RR	4:29.55
4 John Coyle	45	GARSCUBE HARRIERS	4:31.87
5 Gordon Barrie	50	DUNDEE HAWKH	4:34.23
6 Mark Gallacher	50	CAMBUSLANG HARRIERS	4:45.53
7 Chris Upson	55	CAMBUSLANG HARRIERS	4:55.39
8 Connor Brown T37 Sen		FIFE AC	5:16.91
9 Richard Clark	45	EDINBURGH AC	5:29.96
Section 2			
1 John Thomson	60	FIFE AC	5:02.47
2 John Robertson	60	PETERHEAD AC	5:34.25
3 Grant Wooler	60	PERTH RR	5:39.81
4 Ed Norton	70	PH RACING CLUB	5:41.80
5 Henry Curran	70	KILBARCHAN AAC	6:23.15

Saturday 9th July Event 13 Heptathlon: #4 Women 200 m U17W Mas

Name	Age	Team	Finals	Points
=====				
CBP:	25.43	02/07/2016 Holly McArthur, Whitemoss AA		
2019:	29.50	13/07/2019 Mary Scanlon W40, Ireland		
=====				
Section 1 Wind: 3.3				
1 Ellie McGee	U17	ABERDEEN AAC	29.03	552
2 Ellen Macleod	U17	BANCHORY STO	29.35	528
3 Esther Taylor	U17	HARMENY AC	30.68	436
4 Molly Macfarlane	U17	CENTRAL AC	31.14	405
Section 2 Wind: 2.5				
1 Stroma Fraser	U17	INVERNESS HA	26.86	724
2 Carly Smith	U17	LIVINGSTON AC	27.30	687
3 Kirstin Penman	U17	DUNFERMLINE	27.86	642
4 Millie Train	U17	BLYTH RUNNING CLUB	28.16	618
5 Zoe Loughrey	U17	VP-GLASGOW AC	28.23	613
6 Isabella Passway	U17	DUNDEE HAWKH	28.43	597

Saturday 9th July Event 13 Heptathlon: #4 Women 200 m U20 SW

Name	Age	Team	Finals	Points
=====				
CBP:	25.86	02/07/2016	Siobhan Kingham U20, Elgin AAC	
2019:	28.13	13/07/2019	Tia Henry U20, Pitreavie AA	
=====				
Section 1	Wind: 2.2			
1 Brooke Dunlop U20		KILMARNOCK H&AC	25.85	810
2 Hannah Wallace U20		CUMBERNAULD AAC	26.08	790
3 Amy Kennedy U20		CUMBERNAULD AAC	26.13	786
4 Briagha Cook Sen		ABERDEEN AAC	26.46	757
5 Leah Howard U20		BLACKPOOL WY	28.00	631
6 Isla Raeburn U20		KILMARNOCK H&AC	28.72	575
7 Emma Kelly Sen		KILBARCHAN AAC	28.74	574
8 Ellen Montgomery U20		CENTRAL AC	28.96	557

Saturday 9th July Event 15 Outdoor Pentathlon: #5 Boys 800 m U15B & U13B

Name	Age	Team	Finals	Points
=====				
CBP:	2:11.36	13/07/2019	Fergus MacGilp U15, Pitreavie AA	
2019:	2:11.36	13/07/2019	Fergus MacGilp U15, Pitreavie AA	
=====				
1 James Clark U15		VP-GLASGOW AC	2:09.27	612
2 Luc Macleod U15		BANCHORY STO	2:15.72	513
3 Ray Taylor U15		FALKIRK VICT	2:20.21	449
4 Murray Taylor U13		INVERNESS HA	2:36.05	254
5 Charlie Hunter U13		DUNFERMLINE	2:50.55	121
6 Murray Graham U13		SHETTLESTON	3:08.80	20

Saturday 9th July Event 16 Decathlon: #5 Men 400 m U17M

Name	Age	Team	Finals	Points
=====				
CBP:	52.14	01/07/2017	Joel McFarlane U17, Arbroath & D	
CBP:	52.14	02/07/2016	Joel McFarlane, Arbroath & D	
2019:	56.56	13/07/2019	Alister Mackay U17, Ross County	
=====				
1 Caleb McLeod U17		PITREAVIE AAC	52.87	687
2 Zak Fearn U17		INVERNESS HA	53.19	673
3 Callum Newton U17		DUNFERMLINE	55.52	578
4 Finn Bryce U17		ABERDEEN AAC	57.49	503

Saturday 9th July Event 16 Decathlon: #5 Men 400 m U20 SM Mas

Name	Age	Team	Finals	Points
=====				
CBP:	49.59	14/07/2018	Euan Urquhart SM, VP-Glasgow A	
2019:	51.83	13/07/2019	Cal McLennan Sen, Edinburgh AC	
=====				
1 Euan Wallace U20		CUMBERNAULD AAC	58.92	451
2 Lewis Vick U20		NORTH AYRSHIRE AAC	59.54	429
3 Derek Glasgow 55		ARBROATH & D	66.55	691
4 Alistair Hill 70		MIDDLESBROUG	73.26	613
Section 2				
1 William Hodi U20		NAIRN AREA AAC	52.18	717
2 Jonathan Cameron U20		INVERCLYDE AC	53.03	680
3 Alister Mackay U20		INVERNESS HA	54.26	629
4 Lexx McConville U20		WINDSOR SLOU	54.67	612
5 Danny Hagan U20		WATERFORD AC	57.62	498
6 Eden Duff Sen		KILBARCHAN AAC	58.90	451
7 Dakota Sattar U20		VP-GLASGOW AC	59.31	437
8 Ross Lawrie U20		CENTRAL AC	60.98	380

Saturday 9th July Event 17 Outdoor Pentathlon: #1 Boys High Jump U13B

Name	Age	Team	Finals	Points
=====				
CBP:	1.45m	14/07/2018	Calum Charters U13b, East Kilbrid	
2019:	1.43m	13/07/2019	Luke Pichler U13, Wallsend Har	
=====				
Flight 1				
1 Murray Taylor U13		INVERNESS HA	1.46m	360
	1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49		
	O P O O XO XO XO XXX			
2 Murray Graham U13		SHETTLESTON	1.37m	297
	1.19 1.22 1.25 1.28 1.31	1.34 1.37 1.40		
	O O O XO XO O O XXX			
3 Charlie Hunter U13		DUNFERMLINE	1.34m	276
	1.28 1.31 1.34 1.37			
	XO XO XO XXX			

Saturday 9th July Event 17 Outdoor Pentathlon: #1 Boys High Jump U15B

Name	Age	Team	Finals	Points
=====				
CBP:	1.73m	13/07/2019	Kyle Skene U15, Montrose & D	
2019:	1.73m	13/07/2019	Kyle Skene U15, Montrose & D	
=====				
1 Luc Macleod U15		BANCHORY STO	1.64m	496
	1.49 1.52 1.55 1.61 1.64	1.67		
	XO O O P O XXX			
2 James Clark U15		VP-GLASGOW AC	1.49m	381
	1.37 1.40 1.43 1.46 1.49	1.52		
	O O XO XXO XXO XXX			
3 Ray Taylor U15		FALKIRK VICT	1.34m	276
	1.34 1.37			
	XO XXX			

Saturday 9th July Event 18 Women Hammer Masters

Name	Age	Team	Finals
=====			
2019:	48.38m	13/07/2019	Mhairi Porterfield W35, VP-G
=====			
1 Mhairi Porterfield 40		VP-GLASGOW AC	44.80m 4kg
	44.80m 43.87m 42.35m	43.10m 44.56m 43.30m	
2 Helen Johnson 35		LAW & DISTRICT AAC	35.56m 4kg
	33.98m 35.13m 34.55m	FOUL 32.54m 35.56m	
3 Claire Cameron 60		VP-GLASGOW AC	24.79m 3kg
	24.64m 23.75m 24.21m	23.80m 24.79m FOUL	
4 Isobel Walters 65		UNATTACHED	22.24m 3kg
	22.24m 19.98m 20.18m	FOUL 16.12m FOUL	
5 Lyn Naismith 50		FALKIRK VICT	21.98m 3kg
	19.88m 19.49m 21.98m	20.84m 20.54m 19.92m	

Saturday 9th July Event 18 Men Hammer F20 + Masters

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2019:	34.87m	13/07/2019	Alexander Mcintosh	M60, Kilm		
Name	Age Team			Finals		
=====						
1 Alexander McIntosh	60		KILMARNOCK H&AC		34.55m	5kg
	34.55m	33.59m	31.81m	30.77m	32.55m	32.30m
2 Gerrard Farrell	55		VP-GLASGOW AC		33.66m	6kg
	FOUL	33.66m	32.26m	33.59m	32.38m	FOUL
3 Liam Nolan	F20 Sen		LAW & DISTRICT AAC		30.78m	7.26kg
	30.66m	FOUL	30.51m	FOUL	30.78m	28.78m
4 Edward McKenzie	55		ABERDEEN AAC		28.93m	6kg
	25.69m	26.16m	FOUL	28.93m	26.24m	25.25m
5 William Gentleman	80		EDINBURGH AC		27.57m	3kg
	FOUL	FOUL	FOUL	24.18m	27.38m	27.57m
6 James MacBeath	75		ANNAN AND DI		23.27m	4kg
	FOUL	23.27m	21.52m	22.90m	FOUL	FOUL
7 Hugh Ryan	85		NORTH EAST V		21.65m	3kg
	FOUL	18.33m	21.38m	21.65m	20.91m	FOUL
8 Ian Jackson	60		ACHILLES CLUB		20.25m	5kg
	19.79m	FOUL	20.25m	FOUL	19.46m	18.44m
9 John Maccorquodale	65		ABERDEEN AAC		18.03m	5kg
	12.41m	FOUL	FOUL	FOUL	15.09m	18.03m

Saturday 9th July Event 19 Decathlon: #2 Men Long Jump U17M

=====						
CBP:	7.09m	01/07/2017	Joel McFarlane	U17, Arbroath & D		
2019:	6.39m	13/07/2019	Adam Hoole	U17, Team East Lo		
Name	Age Team			Finals	Wind	Points
=====						
1 Zak Fearn	U17		INVERNESS HA	6.19m	2.2	628
	6.19m(2.2)	5.81m(1.9)	6.01m(3.0)			
2 Caleb McLeod	U17		PITREAVIE AAC	6.02m	0.7	591
	FOUL(1.1)	6.02m(0.7)	FOUL(1.8)			
3 Callum Newton	U17		DUNFERMLINE	5.85m	2.4	554
	5.85m(2.4)	FOUL(2.6)	PASS			
4 Finn Bryce	U17		ABERDEEN AAC	5.25m	2.3	431
	5.06m(2.5)	5.25m(2.3)	5.17m(1.6)			

Saturday 9th July Event 19 Decathlon: #2 Men Long Jump U20 SM Mas

CBP: 6.86m 13/07/2019 Callum Newby U20, Edinburgh AC				
2019: 6.86m 13/07/2019 Callum Newby U20, Edinburgh AC				
Name	Age Team	Finals	Wind	Points
1 William Hodi U20	NAIRN AREA AAC	6.81m	2.3	769
6.80m(2.4) 6.71m(2.0) 6.81m(2.3)				
2 Alister Mackay U20	INVERNESS HA	6.47m	2.9	691
6.47m(2.9) 6.24m(0.5) 6.33m(2.3)				
3 Jonathan Cameron U20	INVERCLYDE AC	6.15m	2.0	619
FOUL(2.4) FOUL(1.9) 6.15m(2.0)				
4 Lexx McConville U20	WINDSOR SLOU	5.91m	2.1	567
5.91m(2.1) 5.90m(1.8) FOUL(1.6)				
4 Eden Duff Sen	KILBARCHAN AAC	5.91m	1.6	567
5.11m(2.4) 5.53m(1.4) 5.91m(1.6)				
6 Danny Hagan U20	WATERFORD AC	5.80m	0.3	544
5.69m(2.1) 5.79m(1.3) 5.80m(0.3)				
7 Euan Wallace U20	CUMBERNAULD AAC	5.79m	2.0	542
5.79m(2.6) 5.79m(2.0) FOUL(-0.3)				
8 Dakota Sattar U20	VP-GLASGOW AC	5.67m	2.3	516
4.96m(1.7) 5.67m(2.3) FOUL(1.0)				
9 Lewis Vick U20	NORTH AYRSHIRE AAC	5.11m	1.6	404
4.87m(0.3) 4.88m(0.7) 5.11m(1.6)				
10 Derek Glasgow 55	ARBROATH & D	4.45m	1.4	550
4.14m(2.6) 4.45m(1.4) FOUL(1.3)				
11 Ross Lawrie U20	CENTRAL AC	4.39m	1.9	271
4.39m(1.9) FOUL(2.0) 3.50m(1.0)				
12 Alistair Hill 70	MIDDLESBROUG	4.18m	3.2	785
3.91m(2.4) 3.97m(2.7) 4.18m(3.2)				

Saturday 9th July Event 20 Heptathlon: #2 Women High Jump U20 SW

CBP: 1.72m 02/07/2016 Emma Canning U20, Whitemoss AA			
2019: 1.70m 13/07/2019 Emma Canning Sen, Edinburgh AC			
Name	Age Team	Finals	Points
1 Brooke Dunlop U20	KILMARNOCK H&AC	1.60m	736
1.45 1.48 1.51 1.54 1.57 1.60 1.63			
O P XO O XO XXO XXX			
2 Lisa Wilker U20	NORWAY	1.57m	701
1.51 1.54 1.57 1.60			
O P O XXX			
2 Hannah Wallace U20	CUMBERNAULD AAC	1.57m	701
1.48 1.51 1.54 1.57 1.60			
O O XO XXO XXX			
4 Isla Raeburn U20	KILMARNOCK H&AC	1.54m	666
1.45 1.48 1.51 1.54 1.57			
O O O O XXX			
4 Amy Kennedy U20	CUMBERNAULD AAC	1.54m	666
1.48 1.51 1.54 1.57			
O O XXO XXX			
6 Leah Howard U20	BLACKPOOL WY	1.51m	632
1.36 1.39 1.42 1.45 1.48 1.51 1.54			
O O O XO XO XO XXX			
7 Briagha Cook Sen	ABERDEEN AAC	1.48m	599
1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51			
O O O P O O O XO XXX			
8 Ellen Montgomery U20	CENTRAL AC	1.33m	439
1.24 1.27 1.30 1.33 1.36			
O O O XO XXX			
9 Emma Kelly Sen	KILBARCHAN AAC	1.27m	379
1.24 1.27 1.30			
O XXO XXX			

Saturday 9th July Event 21 Women Javelin Masters

2019: 26.80m 13/07/2019 Jayne Kirkpatrick W45, Niths						
Name	Age	Team	Finals			
1 Lorna Brown	50	FALKIRK VICT	26.78m 500g			
			FOUL	FOUL	25.29m	FOUL
2 Jayne Provan	50	NITHSDALE AC	25.29m 500g			
			25.29m	23.60m	24.78m	23.83m 24.04m FOUL

Saturday 9th July Event 21 Men Javelin Masters

2019: 49.75m 13/07/2019 Chris Smith M40, Arbroath &						
Name	Age	Team	Finals			
1 Mariusz Jakubowski	40	UNATTACHED	45.14m 800g			
			44.44m	45.14m	PASS	PASS
2 Stuart Ryan	55	GATESHEAD HA	41.37m 500g			
			FOUL	34.52m	FOUL	FOUL 38.03m 41.37m
3 Alan Baxter	45	EAST KILBRIDE AC	32.46m 800g			
			32.20m	32.46m	30.72m	PASS
4 Francis Kasia	50	ORKNEY ATHLE	31.58m 700g			
			30.28m	31.58m	FOUL	FOUL 27.74m 30.75m
5 Alexander McIntosh	60	KILMARNOCK H&AC	31.53m 600g			
			28.81m	28.25m	31.53m	PASS
6 Andrew Bruce	50	DUNFERMLINE	31.05m 700g			
			FOUL	30.85m	31.05m	PASS
7 Bob Masson	75	ABERDEEN AAC	30.10m 500g			
			FOUL	27.88m	30.10m	FOUL 24.76m
8 Edward McKenzie	55	ABERDEEN AAC	27.66m 700g			
			FOUL	27.66m	FOUL	PASS
9 John Maccorquodale	65	ABERDEEN AAC	22.24m 600g			
			22.24m	FOUL	FOUL	PASS
10 James Treasurer	70	LOCHABER AC	19.21m 500g			
			19.21m	FOUL	FOUL	PASS
11 James Sloan	80	ANNAN AND DI	18.26m 400g			
			16.66m	18.08m	17.45m	FOUL 16.83m 18.26m
12 Hugh Ryan	85	NORTH EAST V	16.84m 400g			
			15.21m	FOUL	14.46m	FOUL 16.84m

Saturday 9th July Event 22 Men Long Jump F20 T37 + Masters

2019: 6.53m 13/07/2019 Steven Stone T20, Falkirk Vict						
Name	Age	Team	Finals		Wind	
1 Steven Stone	T20 Sen	FORTH VALLEY FLYERS	6.72m		1.8	
			6.72m(1.8)	5.35m(0.8)	PASS	
2 Carson Graham	45	SHETTLESTON	5.88m		1.3	
			FOUL(2.9)	5.66m(1.0)	5.88m(1.3)	
3 Martin Leyland	65	SHETLAND AAC	4.68m		1.7	
			4.42m(2.0)	4.68m(1.7)	4.59m(1.3)	
4 William Skinner	60	ABERDEEN AAC	3.97m		2.3	
			3.84m(2.4)	FOUL(2.0)	3.90m(2.1)	
					3.97m(2.3)	
					FOUL(3.0)	
					PASS	

Saturday 9th July Event 23 Heptathlon: #2 Women High Jump U17W Mas

=====							
	CBP:	1.62m	13/07/2019	Rosie Sharples U17, Falkirk Vict			
	2019:	1.62m	13/07/2019	Rosie Sharples U17, Falkirk Vict			
Name	Age	Team		Finals	Points	=====	
1 Stroma Fraser U17		INVERNESS HA		1.60m	736		
	1.45	1.48	1.51	1.54	1.57	1.60	1.63
	O	O	O	XXO	O	XXO	XXX
2 Zoe Loughrey U17		VP-GLASGOW AC		1.54m	666		
	1.45	1.48	1.51	1.54	1.57		
	O	XXO	XO	O	XXX		
3 Millie Train U17		BLYTH RUNNING CLUB		1.48m	599		
	1.36	1.39	1.42	1.45	1.48	1.51	
	O	XO	O	XO	O	XXX	
4 Esther Taylor U17		HARMENY AC		1.42m	534		
	1.33	1.36	1.39	1.42	1.45		
	O	XO	XO	XXO	XXX		
4 Ellen Macleod U17		BANCHORY STO		1.42m	534		
	1.39	1.42	1.45				
	O	O	XXX				
6 Kirstin Penman U17		DUNFERMLINE		1.39m	502		
	1.18	1.21	1.24	1.27	1.30	1.33	1.36
	O	XXO	P	P	O	O	O
						XO	XXX
7 Isabella Passway U17		DUNDEE HAWKH		1.27m	379		
	1.21	1.24	1.27	1.30			
	O	O	O	XXX			
7 Ellie McGee U17		ABERDEEN AAC		1.27m	379		
	1.27	1.30					
	O	XXX					
9 Molly Macfarlane U17		CENTRAL AC		1.21m	321		
	1.18	1.21	1.24				
	O	XXO	XXX				
-- Carly Smith U17		LIVINGSTON AC		NH			
	1.36						
	XXX						

Saturday 9th July Event 24 Decathlon: #3 Men Shot Put U17M

=====							
	CBP:	13.53m	14/07/2018	Callum Newby U17m, Edinburgh AC			
	2019:	11.63m	13/07/2019	Kyle Mcaulay U17, VP-Glasgow A			
Name	Age	Team		Finals	Points	=====	
1 Zak Fearn U17		INVERNESS HA		9.62m	463		
	8.96m	9.62m	9.11m				
2 Finn Bryce U17		ABERDEEN AAC		9.39m	449		
	9.35m	9.39m	8.62m				
3 Callum Newton U17		DUNFERMLINE		8.38m	389		
	FOUL	8.38m	7.78m				
4 Caleb McLeod U17		PITREAVIE AAC		8.15m	375		
	FOUL	8.15m	7.90m				

Saturday 9th July Event 24 Decathlon: #3 Men Shot Put U20 SM Mas

CBP: 12.76m 13/07/2019 Matej Papp Sen, Inverness Ha		2019: 12.76m 13/07/2019 Matej Papp Sen, Inverness Ha			
Name	Age	Team	Finals	Points	
1 Alistair Mackay U20		INVERNESS HA	12.74m	651	6kg
	12.54m 12.74m 12.47m				
2 William Hodi U20		NAIRN AREA AAC	10.93m	542	6kg
	10.27m 10.66m 10.93m				
3 Lexx McConville U20		WINDSOR SLOU	10.87m	538	6kg
	9.32m 10.87m 10.18m				
4 Dakota Sattar U20		VP-GLASGOW AC	10.73m	530	6kg
	9.01m 10.73m 9.66m				
5 Alistair Hill 70		MIDDLESBROUG	10.55m	698	4kg
	10.55m FOUL 9.71m				
6 Jonathan Cameron U20		INVERCLYDE AC	9.02m	427	6kg
	8.87m 9.02m 8.49m				
7 Eden Duff Sen		KILBARCHAN AAC	8.87m	418	7.26kg
	8.17m FOUL 8.87m				
8 Ross Lawrie U20		CENTRAL AC	8.58m	401	6kg
	6.62m 8.58m 8.15m				
9 Danny Hagan U20		WATERFORD AC	8.06m	370	6kg
	7.44m FOUL 8.06m				
10 Derek Glasgow 55		ARBROATH & D	7.74m	691	6kg
	7.74m 7.47m 6.89m				
11 Euan Wallace U20		CUMBERNAULD AAC	7.12m	314	6kg
	6.64m 7.12m 6.61m				
12 Lewis Vick U20		NORTH AYRSHIRE AAC	6.82m	297	6kg
	6.34m 6.23m 6.82m				

Saturday 9th July Event 25 Men Discus Para & -M60 Masters

2019: 41.61m 13/07/2019 Kevin Brown M50, Royal Sutto					
Name	Age	Team	Finals		
1 Stuart Ryan 55		GATESHEAD HA	41.37m	1.5kg	
	41.37m 39.90m FOUL 40.51m 38.65m 39.46m				
2 Ron Todd 60		CENTRAL AC	40.51m	1kg	
	30.20m 33.88m 40.51m 32.84m 36.98m FOUL				
3 Paul Herron 60		CITY OF DERR	35.66m	1kg	
	30.96m FOUL 34.43m 35.66m 32.86m FOUL				
4 Edward McKenzie 55		ABERDEEN AAC	32.58m	1.5kg	
	31.74m 31.41m 32.08m 32.58m FOUL FOUL				
5 Alexander McIntosh 60		KILMARNOCK H&AC	27.92m	1kg	
	FOUL 27.92m 27.46m PASS PASS PASS				
6 Liam Nolan F20 Sen		LAW & DISTRICT AAC	26.06m	2kg	
	23.68m 26.06m 25.11m 25.52m 0.26m 25.98m				
7 Glen Laskiewicz 45		ARBROATH & D	25.80m	2kg	
	23.20m 25.80m 24.61m 25.80m PASS PASS				
8 Ken Moncrieff 60		FALKIRK VICT	23.22m	1kg	
	23.22m FOUL FOUL PASS PASS PASS				
9 Alan Baxter 45		EAST KILBRIDE AC	20.42m	2kg	
	17.69m 20.42m 19.28m 20.42m PASS PASS				
10 Ian Jackson 60		ACHILLES CLUB	17.90m	1kg	
	17.82m 17.90m 17.67m PASS PASS PASS				
-- Gerrard Farrell 55		VP-GLASGOW AC	FOUL	1.5kg	
	FOUL FOUL FOUL PASS PASS PASS				

Saturday 9th July Event 25 Outdoor Pentathlon: #3 Boys Shot Put U13B 3kg

Name	Age	Team	Finals	Points
CBP:	8.88m	02/07/2016	Aidan Brindley, North Ayrshi	
2019:	8.29m	13/07/2019	Finn Bryce U13, Aberdeen AAC	
1 Murray Taylor U13		INVERNESS HA	8.69m	407
	8.44m	7.52m	8.69m	
2 Charlie Hunter U13		DUNFERMLINE	6.43m	274
	6.30m	FOUL	6.43m	
3 Murray Graham U13		SHETTLESTON	5.47m	218
	5.11m	5.01m	5.47m	

Saturday 9th July Event 25 Outdoor Pentathlon: #3 Boys Shot Put U15B 4kg

Name	Age	Team	Finals	Points
CBP:	12.89m	13/07/2019	Scott Hopper U15, Central AC	
2019:	12.89m	13/07/2019	Scott Hopper U15, Central AC	
1 James Clark U15		VP-GLASGOW AC	10.52m	517
	9.74m	10.52m	FOUL	
2 Luc Macleod U15		BANCHORY STO	9.56m	459
	FOUL	9.06m	9.56m	
3 Ray Taylor U15		FALKIRK VICT	7.29m	324
	6.13m	6.73m	7.29m	

Saturday 9th July Event 26 Heptathlon: #3 Women Shot Put U20 SW 4kg

Name	Age	Team	Finals	Points
CBP:	11.92m	13/07/2019	Holly McArthur Sen, Edinburgh AC	
2019:	11.92m	13/07/2019	Holly McArthur Sen, Edinburgh AC	
1 Amy Kennedy U20		CUMBERNAULD AAC	13.12m	735
	12.24m	13.12m	12.49m	
2 Isla Raeburn U20		KILMARNOCK H&AC	9.19m	477
	9.09m	9.19m	8.76m	
3 Leah Howard U20		BLACKPOOL WY	8.70m	445
	8.70m	FOUL	7.82m	
4 Hannah Wallace U20		CUMBERNAULD AAC	8.27m	417
	FOUL	8.27m	7.82m	
5 Brooke Dunlop U20		KILMARNOCK H&AC	7.62m	375
	7.41m	FOUL	7.62m	
6 Ellen Montgomery U20		CENTRAL AC	6.89m	328
	6.37m	6.29m	6.89m	
Flight 2				
1 Briagha Cook Sen		ABERDEEN AAC	8.42m	427
	7.22m	8.42m	8.28m	
2 Emma Kelly Sen		KILBARCHAN AAC	8.27m	417
	6.85m	6.62m	8.27m	

Saturday 9th July Event 27 Decathlon: #4 Men High Jump U17M

Name	Age	Team	Finals	Points
CBP: 1.88m	14/07/2018	Scott Brindley U17m, North Ayrshi		
CBP: 1.88m	01/07/2017	Matthew Chandler U17, Central AC		
2019: 1.73m	13/07/2019	Adam Hoole U17, Team East Lo		
=====				
Flight 1				
1 Callum Newton U17		DUNFERMLINE	1.76m	593
1.64 1.67 1.70 1.73 1.76 1.79				
O O O XO XXO XXX				
2 Zak Fearn U17		INVERNESS HA	1.73m	569
1.58 1.61 1.64 1.67 1.70 1.73 1.76				
O O XXO XO XO XO XXX				
3 Caleb McLeod U17		PITREAVIE AAC	1.70m	544
1.58 1.61 1.64 1.67 1.70 1.73				
O O O XO XXO XXX				
Flight 2				
1 Finn Bryce U17		ABERDEEN AAC	1.46m	360
1.40 1.43 1.46 1.49 1.52				
O O XO P XXP				

Saturday 9th July Event 27 Decathlon: #4 Men High Jump U20 SM Mas

Name	Age	Team	Finals	Points
CBP: 1.91m	14/07/2018	Joel McFarlane U20m, Arbroath & D		
2019: 1.82m	13/07/2019	Matej Papp Sen, Inverness Ha		
=====				
Flight 1				
1 Ross Lawrie U20		CENTRAL AC	1.52m	404
1.37 1.40 1.43 1.46 1.49 1.52 1.55				
XO XO O XO O XXO XXX				
2 Eden Duff Sen		KILBARCHAN AAC	1.49m	381
1.46 1.49 1.52				
XO XXO XXX				
3 Derek Glasgow 55		ARBROATH & D	1.43m	585
1.28 1.31 1.34 1.37 1.40 1.43 1.46				
O O O O XO XO XXX				
4 Alistair Hill 70		MIDDLESBROUG	1.37m	831
1.25 1.28 1.31 1.34 1.37 1.40				
O O O O XXO XXX				
Flight 2				
1 William Hodi U20		NAIRN AREA AAC	1.85m	670
1.70 1.73 1.76 1.79 1.82 1.85 1.88				
O P O O XO O XXX				
2 Lexx McConville U20		WINDSOR SLOU	1.82m	644
1.70 1.73 1.76 1.79 1.82 1.85				
O P O O O XXX				
2 Jonathan Cameron U20		INVERCLYDE AC	1.82m	644
1.64 1.67 1.70 1.73 1.76 1.79 1.82				
O O O O XO XO O				
2 Alister Mackay U20		INVERNESS HA	1.82m	644
1.70 1.73 1.76 1.79 1.82 1.85				
O O O O XXO XXX				
5 Euan Wallace U20		CUMBERNAULD AAC	1.76m	593
1.67 1.70 1.73 1.76 1.79				
O P O XO XXX				
5 Danny Hagan U20		WATERFORD AC	1.76m	593
1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79				
O O O XO XO XO XXO XXX				
7 Dakota Sattar U20		VP-GLASGOW AC	1.55m	426
1.55 1.58				
O XXX				
7 Lewis Vick U20		NORTH AYRSHIRE AAC	1.55m	426
1.55 1.58				
XO XXX				

Saturday 9th July Event 28 Women High Jump Masters

=====				
Name	2019:	Age	Team	Finals
=====				
	2019:	1.43m	13/07/2019	Linzie Marsh W40, Pitreavie A
Flight 1				
1 Ruth Kirk	50		AYR SEAFORTH AC	1.31m
	1.25	1.28	1.31	1.34
	O	O	O	XXX

Saturday 9th July Event 28 Men High Jump Masters

=====				
Name	2019:	Age	Team	Finals
=====				
	2019:	1.85m	13/07/2019	Jamie Creighton M35, Liverpool
1 Glen Laskiewicz	45		ARBROATH & D	1.67m
	1.49	1.52	1.55	1.58
	O	P	O	O
				XXO XO XXX
2 Carson Graham	45		SHETTLESTON	1.64m
	1.46	1.49	1.52	1.55
	O	O	O	XO
				XO XXO XXX
3 James Macgregor	55		ABERDEEN AAC	1.58m
	1.22	1.40	1.43	1.46
	O	O	P	XO
				P O O O XXX
4 Ken Moncrieff	60		FALKIRK VICT	1.31m
	1.22	1.25	1.28	1.31
	O	O	O	XXO XXX

Saturday 9th July Event 29 Heptathlon: #3 Women Shot Put U17W Mas 3kg

=====				
Name	2019:	Age	Team	Finals Points
=====				
	CBP:	12.12m	13/07/2019	Amy Kennedy U17, Cumbernauld
	2019:	12.12m	13/07/2019	Amy Kennedy U17, Cumbernauld
1 Stroma Fraser	U17		INVERNESS HA	11.23m 610
	FOUL	11.12m	11.23m	
2 Zoe Loughrey	U17		VP-GLASGOW AC	10.64m 571
	9.34m	9.46m	10.64m	
3 Carly Smith	U17		LIVINGSTON AC	10.27m 547
	10.27m	9.72m	9.90m	
4 Millie Train	U17		BLYTH RUNNING CLUB	8.37m 423
	7.91m	8.37m	8.11m	
5 Ellie McGee	U17		ABERDEEN AAC	8.13m 408
	7.58m	8.05m	8.13m	
6 Kirstin Penman	U17		DUNFERMLINE	7.99m 399
	7.99m	7.77m	7.75m	
7 Esther Taylor	U17		HARMENY AC	7.41m 361
	7.41m	7.20m	7.05m	
8 Ellen Macleod	U17		BANCHORY STO	6.64m 312
	6.63m	6.64m	FOUL	
9 Molly Macfarlane	U17		CENTRAL AC	6.03m 273
	5.74m	6.03m	5.92m	
10 Isabella Passway	U17		DUNDEE HAWKH	5.99m 271
	5.91m	5.73m	5.99m	

Saturday 9th July Event 30 Women Discus Masters

=====						
Name	Age	Team	Finals			
=====						
2019:	33.56m	13/07/2019	Mhairi Porterfield	W35, VP-G		
1 Mhairi Porterfield	40	VP-GLASGOW AC	33.44m	1kg		
	32.69m	29.86m	31.17m	31.78m	33.44m	31.45m
2 Lorna Brown	50	FALKIRK VICT	29.13m	1kg		
	25.37m	24.19m	25.35m	29.13m	26.77m	FOUL
3 Jayne Provan	50	NITHSDALE AC	28.04m	1kg		
	28.04m	27.20m	FOUL	FOUL	26.95m	21.50m
4 Claire Cameron	60	VP-GLASGOW AC	27.63m	1kg		
	22.92m	24.46m	23.50m	27.63m	23.59m	26.21m
5 Lyn Naismith	50	FALKIRK VICT	21.25m	1kg		
	17.28m	20.36m	19.12m	20.37m	21.25m	18.43m
6 Isobel Walters	65	UNATTACHED	14.05m	1kg		
	12.87m	14.05m	13.33m	FOUL	FOUL	13.58m

Saturday 9th July Event 30 Men Discus M65+ Masters 1kg

=====						
Name	Age	Team	Finals			
=====						
2019:	27.81m	13/07/2019	James Sloan	M75, Annan & Dis		
1 Bob Masson	75	ABERDEEN AAC	33.68m			
	21.87m	27.78m	FOUL	29.56m	33.68m	28.78m
2 John Maccorquodale	65	ABERDEEN AAC	23.34m			
	16.43m	FOUL	20.91m	23.34m	FOUL	FOUL
3 James Sloan	80	ANNAN AND DI	23.06m			
	17.73m	18.89m	17.34m	23.06m	FOUL	FOUL
4 James Wright	65	HUNTERS BOG	21.35m			
	FOUL	FOUL	17.56m	21.35m	FOUL	FOUL
5 John Birkett	65	ANNAN AND DI	19.12m			
	19.12m	14.03m	17.16m	17.94m	18.33m	18.32m
6 James MacBeath	75	ANNAN AND DI	18.66m			
	FOUL	15.97m	FOUL	18.66m	FOUL	16.92m
7 Hugh Ryan	85	NORTH EAST V	17.95m			
	FOUL	15.91m	17.44m	17.95m	FOUL	13.72m
8 William Gentleman	80	EDINBURGH AC	15.84m			
	15.84m	FOUL	FOUL	15.51m	13.33m	15.14m

Saturday 9th July Event 32 Outdoor Pentathlon: #4 Boys Long Jump U13B

=====						
Name	Age	Team	Finals	Wind	Points	
=====						
CBP:	4.85m	01/07/2017	Fergus MacGilp	U13, Pitreavie	AA	
2019:	4.40m	13/07/2019	Finn Middleton	U13, Team East Lo		
1 Charlie Hunter	U13	DUNFERMLINE	4.69m	+0.0	324	
	FOUL(3.3)	FOUL(2.5)	4.69m(+0.0)			
2 Murray Taylor	U13	INVERNESS HA	4.51m	0.7	292	
	FOUL(2.2)	4.47m(2.9)	4.51m(0.7)			
3 Murray Graham	U13	SHETTLESTON	3.88m	2.5	187	
	3.52m(2.7)	3.88m(2.5)	FOUL(2.3)			

Saturday 9th July Event 32 Outdoor Pentathlon: #4 Boys Long Jump U15B

=====						
CBP:	6.04m	13/07/2019	Fergus MacGilp	U15, Pitreavie	AA	
2019:	6.04m	13/07/2019	Fergus MacGilp	U15, Pitreavie	AA	
Name	Age	Team	Finals	Wind	Points	
=====						
1 Luc Macleod	U15	BANCHORY STO	5.67m	2.0	516	
	5.56m(0.6)	5.63m(2.8)	5.67m(2.0)			
2 James Clark	U15	VP-GLASGOW AC	5.57m	1.5	496	
	5.40m(0.5)	5.57m(1.5)	5.42m(2.1)			
3 Ray Taylor	U15	FALKIRK VICT	4.60m	2.7	308	
	4.60m(2.7)	4.37m(4.3)	4.53m(4.0)			

Saturday 9th July Event 33 Women Shot Put Para + Masters

=====						
2019:	12.86m	13/07/2019	Mhairi Porterfield	W35, VP-G		
Name	Age	Team	Finals	Wind	Points	
=====						
1 Mhairi Porterfield	40	VP-GLASGOW AC	11.62m	4kg		
	11.52m	11.62m	11.38m	11.17m	11.32m	
2 Lorna Brown	50	FALKIRK VICT	10.27m	3kg		
	10.27m	10.14m	9.80m	10.05m	9.01m	FOUL
3 Claire Cameron	60	VP-GLASGOW AC	9.14m	3kg		
	8.84m	8.70m	8.76m	9.14m	8.86m	8.86m
4 Lyn Naismith	50	FALKIRK VICT	7.74m	3kg		
	7.09m	7.74m	7.38m	7.24m	7.55m	7.63m
5 Abigail Tighe	50	UNATTACHED	6.91m	3kg		
	6.62m	5.47m	6.50m	5.84m	6.91m	6.72m
6 Isobel Walters	65	UNATTACHED	5.94m	3kg		
	5.45m	5.94m	5.59m	5.23m	5.56m	FOUL

Saturday 9th July Event 34 Men Triple Jump Masters

=====						
2019:	12.29m	13/07/2019	Robert Forbes	M40, Edinburgh	AC	
Name	Age	Team	Finals	Wind	Points	
=====						
1 Antony Daffurn	35	HARROW AC	14.35m	2.7		
	13.24m(5.1)	14.22m(3.6)	14.21m(2.7)	FOUL	FOUL	14.35m(2.7)
2 Paul Waddell	35	JESMOND JOGGERS	10.21m	2.4		
	9.94m(1.3)	9.66m(3.0)	10.09m(3.8)	9.93m(2.6)	10.21m(2.4)	10.15m(3.1)
3 Martin Leyland	65	SHETLAND AAC	10.20m	2.1		
	9.75m(2.2)	9.78m(3.3)	9.72m(1.5)	10.01m(2.7)	10.20m(2.1)	7.59m(2.6)
4 William Skinner	60	ABERDEEN AAC	8.32m	3.7		
	8.32m(3.7)	FOUL(3.0)	FOUL(2.4)	FOUL(3.7)	8.15m(2.3)	7.81m(3.7)

Saturday 9th July Event 35 Men Shot Put Masters

2019: 9.33m 13/07/2019 James Sloan M75, Annan & Dist						
Name	Age	Team	Finals			
1 Stuart Ryan	55	GATESHEAD HA	11.98m 6kg			
		FOUL	11.61m	11.43m	FOUL	11.98m PASS
2 Edward McKenzie	55	ABERDEEN AAC	10.78m 6kg			
			10.64m	10.72m	10.30m	10.44m 10.26m 10.78m
3 Gerrard Farrell	55	VP-GLASGOW AC	9.43m 6kg			
			9.05m	9.43m	9.03m	8.76m FOUL FOUL
4 Alexander McIntosh	60	KILMARNOCK H&AC	9.35m 5kg			
			8.81m	9.35m	8.54m	FOUL 8.89m FOUL
5 Thomas McGrane	55	ST PETERS AC	9.09m 6kg			
			9.09m	8.76m	8.59m	8.10m 8.70m 8.52m
6 James Sloan	80	ANNAN AND DI	8.74m 3kg			
			8.39m	8.71m	8.55m	8.72m 8.49m 8.74m
7 John Birkett	65	ANNAN AND DI	8.70m 5kg			
			8.64m	8.61m	8.70m	7.39m 8.56m 8.40m
8 John Maccorquodale	65	ABERDEEN AAC	8.13m 5kg			
			7.59m	8.10m	8.02m	8.06m FOUL 8.13m
9 Liam Nolan	F20 Sen	LAW & DISTRICT AAC	8.00m 7.26kg			
			7.77m	7.90m	7.87m	7.93m 8.00m 7.99m
10 Hugh Ryan	85	NORTH EAST V	6.48m 3kg			
			6.16m	6.42m	6.48m	6.23m 5.19m PASS
11 Ian Jackson	60	ACHILLES CLUB	6.28m 5kg			
			5.71m	5.81m	6.12m	6.22m FOUL 6.28m
12 James MacBeath	75	ANNAN AND DI	5.74m 4kg			
			5.74m	PASS	PASS	
13 James Wright	65	HUNTERS BOG	5.63m 5kg			
			5.48m	4.62m	5.03m	4.69m 5.12m 5.63m

Sunday 10th July Event 36 Decathlon: #6 Men 110 m H U20 SM Mas

2019: 15.69 13/07/2019 Callum Newby U20, Edinburgh AC					
Name	Age	Team	Finals	Points	
Section 1 Wind: 2.7					
1 William Hodi	U20	NAIRN AREA AAC	15.02	847	
2 Jonathan Cameron	U20	INVERCLYDE AC	16.06	726	
3 Alister Mackay	U20	INVERNESS HA	16.25	705	
4 Euan Wallace	U20	CUMBERNAULD AAC	16.48	680	
5 Eden Duff	Sen	KILBARCHAN AAC	19.63	379	
-- Lexx McConville	U20	WINDSOR SLOU	DQ		22.6.2
Section 2 Wind: 2.7					
1 Dakota Sattar	U20	VP-GLASGOW AC	18.40	486	
2 Lewis Vick	U20	NORTH AYRSHIRE AAC	20.48	312	
3 Danny Hagan	U20	WATERFORD AC	20.64	300	
4 Ross Lawrie	U20	CENTRAL AC	22.64	171	

Sunday 10th July Event 37 Decathlon: #6 Men 100 m H U17M & Masters Men

Name	Age	Team	Finals	Points
CBP:	13.62	01/07/2017	Joel McFarlane U17, Arbroath & D	
2019:	14.15	13/07/2019	Adam Hoole U17, Team East Lo	
=====				
Section 1	Wind: 1.4			
1 Callum Newton U17		DUNFERMLINE	14.27	770
2 Zak Fearn U17		INVERNESS HA	15.52	637
3 Caleb McLeod U17		PITREAVIE AAC	16.23	567
4 Finn Bryce U17		ABERDEEN AAC	17.33	465
Section 2	Wind: 3.1			
1 Alistair Hill 70		MIDDLESBROUG	16.58	629 80mH
2 Ron Todd 60		CENTRAL AC	18.47	100mH
3 Derek Glasgow 55		ARBROATH & D	20.30	455 100mH

Sunday 10th July Event 38 Mixed 5000 m Pool2 Masters

Name	Age	Team	Finals
=====			
Section 1			
1 Michelle Sandison 40		W SPRINGBURN HARRIERS	18:25.45
2 Jeff Farquhar 60		M PITREAVIE AAC	18:26.74
3 Fiona Matheson 60		W FALKIRK VICT	19:03.43
4 David Thom 60		M CAMBUSLANG HARRIERS	19:19.99
5 Ross McEachern 55		M CUMBERNAULD AAC	19:32.18
6 Grant Matheson 60		M FALKIRK VICT	19:38.38
7 George McPherson 65		M METRO ABERDEEN RC	19:45.82
8 Graeme Jack 55		M WEST END RR	20:00.19
9 Gavin Phillip 55		M EDINBURGH AC	20:15.12
10 John Robertson 60		M PETERHEAD AC	20:25.83
11 Keith Charters 55		M EAST KILBRIDE AC	20:31.01
12 Arthur Mulholland 55		M EAST KILBRIDE AC	20:32.80
13 Susan McRitchie 45		W FORRES HARRIERS	21:39.96
14 Jennie Jackson 60		W IRVINE RC	22:17.08
15 Sharyn Ramage 55		W EDINBURGH AC	23:39.52
16 Marianne Crichton 50		W PERTH RR	24:59.59
17 Alex Robertson 65		M LOTHIAN RC	27:40.92

Sunday 10th July Event 39 Outdoor Pentathlon: #2 Girls 75 m H U15G

Name	Age	Team	Finals	Points
=====				
CBP:	11.65	15/07/2018	Jilly Lefebvre U15g, North Ayrshi	
2019:	11.88	14/07/2019	Jenna Hilditch U15, VP-Glasgow A	
=====				
Section 1	Wind: 2.1			
1 Jaymee Brown U15		NORTH AYRSHIRE AAC	13.14	555
2 Robyn Allan U15		LIVINGSTON AC	13.32	537
3 Charis Crawford U15		SPRINGBURN HARRIERS	13.71	501
4 Loren Stewart U15		CENTRAL AC	13.98	478
5 Ava Dunbar U15		CUMBERNAULD AAC	14.49	435
6 Dara Clark U15		CENTRAL AC	14.75	414
Section 2	Wind: 1.5			
1 Enam Evong U15		LIVINGSTON AC	12.87	581
2 Indya Kenny U15		ARBROATH & D	13.03	565
3 Alannah Snowden U15		LIVINGSTON AC	13.23	546
4 Millie Newall U15		SPRINGBURN HARRIERS	13.38	532
4 Naideen Dailly U15		NORTH AYRSHIRE AAC	13.38	532
6 Connie Bateman U15		CENTRAL AC	14.15	463
Section 3	Wind: 0.8			
1 Hannah McDermott U15		VP-GLASGOW AC	11.76	703
2 Grace Elizabeth Malley U		WHITEMOSS AAC	11.78	700
3 Shannon Brown U15		NORTH AYRSHIRE AAC	11.91	685
4 Victoria Anestik U15		FALKIRK VICT	12.13	660
5 Senna Gorvett U15		BLYTH RUNNING CLUB	12.50	620

Sunday 10th July Event 40 Outdoor Pentathlon: #2 Girls 70 m H U13G

Name	Age	Team	Finals	Points
=====				
CBP:	11.61	15/07/2018	Stroma Fraser U13g, Inverness Ha	
2019:	11.78	14/07/2019	Lucy Carr U13, VP-Glasgow A	
=====				
Section 1	Wind: 1.7			
1 Dionne Maguinness U13		AIRDRIE HARRIERS	12.34	535
2 Erin Burnett U13		GARSCUBE HARRIERS	14.42	364
3 Maddison Macmillan U13		LOCHABER AC	15.13	315
4 Alexandra Montgomery U13		CENTRAL AC	16.21	248
5 Faye Allan U13		PITREAVIE AAC	16.34	241
Section 2	Wind: 1.6			
1 Katy Pang U13		NORTH SHIELD	11.48	622
2 Leanna Elliot U13		AIRDRIE HARRIERS	12.06	562
3 Gemma Forgie U13		ELGIN AAC	12.26	543
4 Rebecca Etherington U13		GATESHEAD HA	12.49	521
5 Jenna Gage U13		ELGIN AAC	13.25	455

Sunday 10th July Event 41 Men 5000 m Pool1 Masters

Name	Age	Team	Finals
=====			
Section 1			
1 Colin Whitby 40		GARSCUBE HARRIERS	15:57.36
2 Stuart Johnston 40		EDINBURGH AC	16:22.68
3 Paul Monaghan 50		GREENOCK GLE	16:41.88
4 John Coyle 45		GARSCUBE HARRIERS	16:46.70
5 Gordon Barrie 50		DUNDEE HAWKH	17:10.93
6 Mark Beagrie 35		PETERHEAD AC	17:24.09
7 Alan Knowles 45		LOTHIAN RC	17:40.20
8 George McKinley 45		DUNDEE ROAD RUNNERS	18:19.00
9 Gavin McLennan 40		METRO ABERDEEN RC	21:27.61

Sunday 10th July Event 42 Heptathlon: #7 Women 800 m U17W Mas

Name	Age	Team	Finals	Points
=====				
CBP:	2:16.71	02/07/2016	Holly McArthur, Whitemoss AA	
2019:	2:29.82	13/07/2019	Katie Burr U17, VP-Glasgow A	
=====				
1	Isabella Passway	U17	DUNDEE HAWKH	2:36.76 611
2	Esther Taylor	U17	HARMENY AC	2:48.13 483
3	Ellie McGee	U17	ABERDEEN AAC	3:09.49 282
4	Molly Macfarlane	U17	CENTRAL AC	3:19.05 208
Section 2				
1	Carly Smith	U17	LIVINGSTON AC	2:23.34 779
2	Stroma Fraser	U17	INVERNESS HA	2:24.44 764
3	Ellen Macleod	U17	BANCHORY STO	2:27.34 727
4	Millie Train	U17	BLYTH RUNNING CLUB	2:41.78 553
5	Kirstin Penman	U17	DUNFERMLINE	2:48.74 477
6	Zoe Loughrey	U17	VP-GLASGOW AC	2:51.48 448

Sunday 10th July Event 43 Heptathlon: #7 Women 800 m U20 SW

Name	Age	Team	Finals	Points
=====				
CBP:	2:17.88	13/07/2019	Holly McArthur Sen, Edinburgh AC	
2019:	2:17.88	13/07/2019	Holly McArthur Sen, Edinburgh AC	
=====				
Section 1				
1	Leah Howard	U20	BLACKPOOL WY	2:34.60 636
2	Brooke Dunlop	U20	KILMARNOCK H&AC	2:34.99 632
3	Emma Kelly	Sen	KILBARCHAN AAC	2:39.12 583
4	Isla Raeburn	U20	KILMARNOCK H&AC	2:44.24 525
5	Hannah Wallace	U20	CUMBERNAULD AAC	2:46.82 497
6	Briagha Cook	Sen	ABERDEEN AAC	2:48.28 482
7	Ellen Montgomery	U20	CENTRAL AC	2:56.07 403
--	Amy Kennedy	U20	CUMBERNAULD AAC	DNS

Sunday 10th July Event 44 Outdoor Pentathlon: #5 Girls 800 m U13G

Name	Age	Team	Finals	Points
=====				
CBP:	2:27.40	15/07/2018	Stroma Fraser U13g, Inverness Ha	
2019:	2:32.46	14/07/2019	Nell McGregor U13, North Ayrshi	
=====				
1	Maddison Macmillan	U13	LOCHABER AC	2:50.98 453
2	Jenna Gage	U13	ELGIN AAC	2:52.71 436
3	Faye Allan	U13	PITREAVIE AAC	2:55.53 408
4	Alexandra Montgomery	U13	CENTRAL AC	2:58.85 376
Section 2				
1	Erin Burnett	U13	GARSCUBE HARRIERS	2:27.06 730
2	Dionne Maguinness	U13	AIRDRIE HARRIERS	2:34.85 633
3	Leanna Elliot	U13	AIRDRIE HARRIERS	2:44.96 517
4	Gemma Forgie	U13	ELGIN AAC	2:50.21 461
5	Rebecca Etherington	U13	GATESHEAD HA	2:53.99 423
6	Katy Pang	U13	NORTH SHIELD	2:55.22 411

Sunday 10th July Event 45 Outdoor Pentathlon: #5 Girls 800 m U15G

CBP:	2:24.45	15/07/2018	Rebecca Grieve U15g, Pitreavie AA
2019:	2:31.60	14/07/2019	Stroma Fraser U15, Inverness Ha
Name		Age Team	Finals Points

Section 1

1 Naideen Dailly U15	NORTH AYRSHIRE AAC	2:30.71	684
2 Robyn Allan U15	LIVINGSTON AC	2:46.29	503
3 Dara Clark U15	CENTRAL AC	2:51.76	445
4 Charis Crawford U15	SPRINGBURN HARRIERS	2:52.53	438
5 Ava Dunbar U15	CUMBERNAULD AAC	2:53.93	424

Section 2

1 Hannah McDermott U15	VP-GLASGOW AC	2:37.61	601
2 Alannah Snowden U15	LIVINGSTON AC	2:40.29	570
3 Enam Evong U15	LIVINGSTON AC	2:44.15	526
4 Millie Newall U15	SPRINGBURN HARRIERS	2:48.53	479
5 Jaymee Brown U15	NORTH AYRSHIRE AAC	2:52.17	441
6 Connie Bateman U15	CENTRAL AC	3:00.10	364

Section 3

1 Grace Elizabeth Malley U	WHITEMOSS AAC	2:35.01	631
2 Loren Stewart U15	CENTRAL AC	2:36.36	615
3 Victoria Anestik U15	FALKIRK VICT	2:36.57	613
4 Senna Gorvett U15	BLYTH RUNNING CLUB	2:44.82	519
5 Shannon Brown U15	NORTH AYRSHIRE AAC	3:05.45	316

Sunday 10th July Event 47 Decathlon: #10 Men 1500 m U17 U20 SM Mas

CBP:	4:21.26	14/07/2018	Euan Urquhart SM, VP-Glasgow A
2019:	4:46.83	13/07/2019	Cal McLennan Sen, Edinburgh AC
Name		Age Team	Finals Points

1 Caleb McLeod U17	PITREAVIE AAC	4:23.74	786
2 William Hodi U20	NAIRN AREA AAC	4:37.07	699
3 Jonathan Cameron U20	INVERCLYDE AC	4:37.93	693
4 Finn Bryce U17	ABERDEEN AAC	4:55.75	584
5 Zak Fearn U17	INVERNESS HA	5:03.90	537
6 Alister Mackay U20	INVERNESS HA	5:04.54	534
7 Lewis Vick U20	NORTH AYRSHIRE AAC	5:14.54	479
8 Ross Lawrie U20	CENTRAL AC	5:21.15	444
9 Callum Newton U17	DUNFERMLINE	5:25.31	423
10 Danny Hagan U20	WATERFORD AC	5:29.82	400
11 Euan Wallace U20	CUMBERNAULD AAC	5:31.25	393
12 Eden Duff Sen	KILBARCHAN AAC	5:41.77	343
13 Dakota Sattar U20	VP-GLASGOW AC	5:48.62	312
14 Derek Glasgow 55	ARBROATH & D	5:50.01	608
15 Alistair Hill 70	MIDDLESBROUG	6:52.90	605

Sunday 10th July Event 48 Outdoor Pentathlon: #1 Girls Long Jump U15G

=====					
CBP:	5.09m	02/07/2017	Rachel Johnstone U15, Inverness Ha		
2019:	4.97m	14/07/2019	Darcie Black U15, Dunfermline		
Name	Age	Team	Finals	Wind	Points
=====					
Flight 1					
1	Victoria Anestik U15	FALKIRK VICT	5.45m	2.1	686
	5.35m(1.0) 5.39m(2.1) 5.45m(2.1)				
2	Hannah McDermott U15	VP-GLASGOW AC	5.36m	2.6	660
	FOUL(2.3) 5.28m(2.5) 5.36m(2.6)				
3	Loren Stewart U15	CENTRAL AC	5.18m	1.9	609
	5.02m(2.1) 4.98m(2.3) 5.18m(1.9)				
4	Shannon Brown U15	NORTH AYRSHIRE AAC	5.03m	3.7	567
	4.87m(1.2) 5.03m(3.7) 4.92m(3.4)				
5	Grace Elizabeth Malley U	WHITEMOSS AAC	4.87m	1.6	524
	4.54m(3.3) 4.70m(2.5) 4.87m(1.6)				
6	Ava Mitchell U15	VP-GLASGOW AC	4.79m	1.2	503
	FOUL(1.7) 4.79m(1.2) 4.18m(1.7)				
7	Indya Kenny U15	ARBROATH & D	4.65m	1.4	466
	4.41m(2.5) 4.52m(3.2) 4.65m(1.4)				
8	Robyn Allan U15	LIVINGSTON AC	4.48m	1.3	423
	4.35m(2.6) 4.47m(2.1) 4.48m(1.3)				
9	Connie Bateman U15	CENTRAL AC	4.47m	1.7	421
	FOUL(2.1) 4.10m(2.8) 4.47m(1.7)				
10	Alannah Snowden U15	LIVINGSTON AC	4.44m	4.2	413
	FOUL(4.2) 4.44m(4.2) FOUL(1.6)				
10	Senna Gorvett U15	BLYTH RUNNING CLUB	4.44m	1.1	413
	4.15m(1.7) 4.19m(2.0) 4.44m(1.1)				
12	Jaymee Brown U15	NORTH AYRSHIRE AAC	4.43m	1.8	411
	4.26m(1.1) 4.43m(1.8) 4.32m(1.3)				
13	Enam Evong U15	LIVINGSTON AC	4.18m	1.5	350
	4.18m(1.5) 4.03m(1.1) 4.09m(2.2)				
14	Dara Clark U15	CENTRAL AC	4.12m	1.6	336
	4.08m(3.7) 4.12m(1.6) 3.91m(1.9)				
15	Millie Newall U15	SPRINGBURN HARRIERS	4.10m	1.8	331
	4.10m(1.8) 4.08m(2.1) PASS				
16	Naideen Dailly U15	NORTH AYRSHIRE AAC	4.07m	2.2	324
	3.98m(2.8) 4.07m(2.2) 4.04m(2.8)				
17	Charis Crawford U15	SPRINGBURN HARRIERS	3.93m	1.6	292
	FOUL(1.2) 3.25m(1.0) 3.93m(1.6)				
18	Ava Dunbar U15	CUMBERNAULD AAC	3.85m	1.9	274
	3.85m(1.9) 3.68m(1.5) 3.82m(1.4)				

Sunday 10th July Event 49 Outdoor Pentathlon: #1 Girls High Jump U13G

=====													
CBP:		1.54m	15/07/2018	Mya McMahon U13g, Dunfermline									
2019:		1.46m	14/07/2019	Ellie Candlish U13, Dunfermline									
Name	Age	Team								Finals	Points		
=====													
1	Leanna Elliot U13	AIRDRIE HARRIERS								1.46m	577		
		1.25	1.28	1.31	1.34	1.37	1.40	1.43	1.46	1.49			
		O	O	O	XO	O	O	XO	O	XXX			
2	Erin Burnett U13	GARSCUBE HARRIERS								1.40m	512		
		1.10	1.13	1.16	1.19	1.22	1.25	1.28	1.31	1.34	1.37	1.40	1.43
		O	O	O	O	O	O	XO	O	O	O	O	XXX
3	Katy Pang U13	NORTH SHIELD								1.37m	481		
		1.31	1.34	1.37	1.40								
		O	O	O	XXX								
4	Dionne Maguinness U13	AIRDRIE HARRIERS								1.31m	419		
		1.25	1.28	1.31	1.34								
		O	O	XO	XXX								
5	Maddison Macmillan U13	LOCHABER AC								1.25m	359		
		1.04	1.07	1.10	1.13	1.16	1.19	1.22	1.25	1.28			
		O	O	XO	O	XO	XO	O	XXO	XXX			
6	Faye Allan U13	PITREAVIE AAC								1.22m	331		
		1.13	1.16	1.19	1.22	1.25							
		O	O	O	XXO	XXX							
7	Rebecca Etherington U13	GATESHEAD HA								1.16m	275		
		1.04	1.07	1.10	1.13	1.16	1.19						
		O	O	O	XO	XO	XXX						
8	Alexandra Montgomery U13	CENTRAL AC								1.10m	222		
		1.07	1.10	1.13									
		O	XO	XXX									
8	Gemma Forgie U13	ELGIN AAC								1.10m	222		
		1.07	1.10	1.13									
		O	O	XXX									
10	Jenna Gage U13	ELGIN AAC								1.07m	197		
		1.07	1.10										
		XO	XXX										

Sunday 10th July Event 50 Decathlon: #7 Men Discus U17M 1.5kg

=====													
CBP:		35.72m	01/07/2017	Matthew Chandler U17, Central AC									
2019:		30.30m	13/07/2019	Kyle Mcaulay U17, VP-Glasgow A									
Name	Age	Team								Finals	Points		
=====													
1	Finn Bryce U17	ABERDEEN AAC								29.76m	460		
		18.37m	FOUL	29.76m									
2	Zak Fearn U17	INVERNESS HA								23.26m	334		
		23.26m	17.82m	21.35m									
3	Callum Newton U17	DUNFERMLINE								22.13m	312		
		22.13m	20.32m	20.45m									
4	Caleb McLeod U17	PITREAVIE AAC								19.19m	257		
		19.19m	18.76m	16.73m									

Sunday 10th July Event 50 Decathlon: #7 Men Discus U20 SM Mas

=====					
CBP:	42.01m	13/07/2019	Matej Papp Sen,	Inverness Ha	
2019:	42.01m	13/07/2019	Matej Papp Sen,	Inverness Ha	
Name	Age	Team	Finals	Points	
=====					
1 Alistair Mackay U20		INVERNESS HA	39.25m	649	1.75kg
35.72m FOUL	39.25m				
2 William Hodi U20		NAIRN AREA AAC	33.85m	541	1.75kg
33.85m	33.37m	30.67m			
3 Dakota Sattar U20		VP-GLASGOW AC	32.14m	507	1.75kg
31.40m FOUL	32.14m				
4 Lexx McConville U20		WINDSOR SLOU	31.94m	503	1.75kg
29.77m	31.94m	FOUL			
5 Alistair Hill 70		MIDDLESBROUG	30.79m	651	1kg
28.29m FOUL	30.79m				
6 Jonathan Cameron U20		INVERCLYDE AC	26.60m	398	1.75kg
18.75m	22.42m	26.60m			
7 Eden Duff Sen		KILBARCHAN AAC	22.55m	320	2kg
20.61m	22.55m	FOUL			
8 Danny Hagan U20		WATERFORD AC	22.50m	319	1.75kg
22.50m FOUL	20.28m				
9 Euan Wallace U20		CUMBERNAULD AAC	22.42m	318	1.75kg
FOUL	20.63m	22.42m			
10 Derek Glasgow 55		ARBROATH & D	21.56m	347	1.5kg
20.55m	15.99m	21.56m			
11 Lewis Vick U20		NORTH AYRSHIRE AAC	20.68m	285	1.75kg
20.68m	19.49m	FOUL			
12 Ross Lawrie U20		CENTRAL AC	17.98m	234	1.75kg
FOUL	16.92m	17.98m			

Sunday 10th July Event 51 Heptathlon: #5 Women Long Jump U17W Mas

=====					
CBP:	5.42m	02/07/2016	Holly McArthur,	Whitemoss AA	
2019:	5.29m	13/07/2019	Katie Burr U17,	VP-Glasgow A	
Name	Age	Team	Finals	Wind	Points
=====					
1 Stroma Fraser U17		INVERNESS HA	5.33m	1.4	651
FOUL(4.3)	5.33m(1.4)	FOUL(1.9)			
2 Zoe Loughrey U17		VP-GLASGOW AC	5.16m	1.6	603
FOUL(4.1)	5.16m(1.6)	5.03m(1.7)			
3 Kirstin Penman U17		DUNFERMLINE	4.78m	2.1	500
4.78m(2.1)	3.46m(1.1)	4.56m(3.8)			
4 Millie Train U17		BLYTH RUNNING CLUB	4.77m	1.9	498
4.60m(3.5)	4.58m(2.7)	4.77m(1.9)			
5 Carly Smith U17		LIVINGSTON AC	4.63m	2.2	461
4.42m(1.7)	4.57m(2.8)	4.63m(2.2)			
6 Ellen Macleod U17		BANCHORY STO	4.45m	1.0	416
4.39m(1.5)	4.40m(3.2)	4.45m(1.0)			
7 Ellie McGee U17		ABERDEEN AAC	4.43m	2.4	411
4.43m(2.4)	4.39m(1.3)	3.87m(1.9)			
8 Isabella Passway U17		DUNDEE HAWKH	4.32m	3.4	384
4.32m(3.4)	4.24m(2.9)	4.05m(1.6)			
9 Esther Taylor U17		HARMENY AC	4.16m	3.0	345
4.16m(3.0)	4.15m(2.3)	4.12m(1.6)			
10 Molly Macfarlane U17		CENTRAL AC	3.59m	2.4	218
3.59m(2.4)	3.43m(0.2)	3.05m(1.3)			

Sunday 10th July Event 52 Heptathlon: #5 Women Long Jump U20 SW

=====						
CBP:	5.98m	14/07/2018	Danielle McGifford SW, Wigan Harrie			
2019:	5.90m	13/07/2019	Danielle McGifford Sen, Wigan Harrie			
Name	Age	Team	Finals	Wind	Points	
=====						
1 Hannah Wallace	U20	CUMBERNAULD AAC	5.59m	2.5	726	
	5.51m(1.9)	5.59m(2.5)	FOUL(0.9)			
2 Briagha Cook	Sen	ABERDEEN AAC	5.41m	2.8	674	
	5.31m(2.0)	5.41m(2.8)	5.15m(0.9)			
3 Brooke Dunlop	U20	KILMARNOCK H&AC	5.12m	1.4	592	
	FOUL(1.4)	FOUL(5.5)	5.12m(1.4)			
4 Leah Howard	U20	BLACKPOOL WY	5.06m	1.8	576	
	4.84m(1.7)	5.02m(1.7)	5.06m(1.8)			
5 Isla Raeburn	U20	KILMARNOCK H&AC	4.65m	1.7	466	
	4.61m(2.2)	4.65m(1.7)	2.12m(2.3)			
6 Emma Kelly	Sen	KILBARCHAN AAC	4.62m	2.0	459	
	4.62m(2.0)	FOUL(0.2)	4.47m(2.9)			
7 Ellen Montgomery	U20	CENTRAL AC	4.47m	2.2	421	
	3.57m(2.5)	3.34m(3.1)	4.47m(2.2)			
-- Amy Kennedy	U20	CUMBERNAULD AAC	FOUL			
	FOUL(1.7)	FOUL(2.1)	FOUL(3.0)			

Sunday 10th July Event 53 Outdoor Pentathlon: #3 Girls Shot Put U15G 3kg

=====					
CBP:	11.10m	03/07/2016	Lucy Davison, Central AC		
2019:	9.96m	14/07/2019	Angela McAuslan-Kelly U15, Aberdeen		
Name	Age	Team	Finals	Points	
=====					
1 Victoria Anestik	U15	FALKIRK VICT	10.82m	583	
	9.67m	10.82m	10.33m		
2 Shannon Brown	U15	NORTH AYRSHIRE AAC	10.10m	536	
	10.10m	7.81m	8.52m		
3 Hannah McDermott	U15	VP-GLASGOW AC	9.73m	512	
	9.73m	9.50m	9.71m		
4 Alannah Snowden	U15	LIVINGSTON AC	8.08m	405	
	8.08m	7.23m	7.13m		
5 Millie Newall	U15	SPRINGBURN HARRIERS	8.05m	403	
	7.90m	7.77m	8.05m		
6 Naideen Dailly	U15	NORTH AYRSHIRE AAC	8.01m	400	
	7.78m	8.01m	7.43m		
7 Loren Stewart	U15	CENTRAL AC	7.69m	379	
	7.69m	FOUL	7.22m		
8 Charis Crawford	U15	SPRINGBURN HARRIERS	7.60m	374	
	7.60m	7.48m	7.21m		
9 Senna Gorvett	U15	BLYTH RUNNING CLUB	7.53m	369	
	7.53m	FOUL	7.52m		
10 Enam Evong	U15	LIVINGSTON AC	7.41m	361	
	7.38m	7.21m	7.41m		
11 Connie Bateman	U15	CENTRAL AC	7.29m	354	
	6.48m	7.29m	7.18m		
12 Grace Elizabeth Malley	U	WHITEMOSS AAC	7.28m	353	
	6.90m	7.28m	6.02m		
13 Indya Kenny	U15	ARBROATH & D	7.27m	352	
	6.49m	7.27m	6.92m		
14 Robyn Allan	U15	LIVINGSTON AC	7.02m	336	
	5.69m	7.02m	6.94m		
15 Jaymee Brown	U15	NORTH AYRSHIRE AAC	6.59m	309	
	6.51m	6.59m	6.47m		
16 Ava Dunbar	U15	CUMBERNAULD AAC	6.28m	289	
	6.28m	6.26m	5.69m		
17 Dara Clark	U15	CENTRAL AC	5.48m	238	
	FOUL	5.19m	5.48m		

Sunday 10th July Event 54 Heptathlon: #6 Women Javelin U17W Mas 500g

=====				
CBP:	40.32m	14/07/2018	Hannah Barnden U17w, Derby AC	
2019:	37.23m	13/07/2019	Katie Burr U17, VP-Glasgow A	
Name	Age	Team	Finals	Points
=====				
1 Zoe Loughrey U17		VP-GLASGOW AC	27.41m	428
	27.41m	26.47m	23.09m	
2 Stroma Fraser U17		INVERNESS HA	24.80m	379
	24.80m	24.28m	FOUL	
3 Carly Smith U17		LIVINGSTON AC	20.79m	304
	FOUL	18.28m	20.79m	
4 Ellen Macleod U17		BANCHORY STO	19.46m	279
	FOUL	18.90m	19.46m	
5 Millie Train U17		BLYTH RUNNING CLUB	19.32m	276
	FOUL	17.56m	19.32m	
6 Isabella Passway U17		DUNDEE HAWKH	16.17m	218
	FOUL	14.53m	16.17m	
7 Ellie McGee U17		ABERDEEN AAC	14.52m	188
	14.34m	14.52m	FOUL	
8 Kirstin Penman U17		DUNFERMLINE	13.97m	178
	11.89m	13.97m	12.07m	
9 Esther Taylor U17		HARMENY AC	12.60m	153
	12.35m	12.60m	FOUL	
10 Molly Macfarlane U17		CENTRAL AC	8.98m	88
	6.92m	7.88m	8.98m	

Sunday 10th July Event 55 Men Pole Vault Masters

=====				
2019:	3.30m	14/07/2019	Ron Todd M55, Central AC	
Name	Age	Team	Finals	
=====				
1 Ron Todd 60		CENTRAL AC	3.07m	
	3.07	3.27		
	O	XXX		
2 Bob Masson 75		ABERDEEN AAC	2.47m	
	2.07	2.17	2.27	2.37
	2.47	2.57		
	O	O	O	XXO
				P

Sunday 10th July Event 55 Decathlon: #8 Men Pole Vault U17M

=====				
CBP:	4.41m	14/07/2018	Scott Brindley U17m, North Ayrshi	
2019:	3.30m	13/07/2019	Alister Mackay U17, Ross County	
Name	Age	Team	Finals	Points
=====				
1 Zak Fearn U17		INVERNESS HA	2.97m	350
	2.47	2.57	2.67	2.77
	2.87	2.97	3.07	
	XO	O	O	XXO
				XXO
				O
				XP
1 Finn Bryce U17		ABERDEEN AAC	2.97m	350
	2.67	2.77	2.87	2.97
	3.07			
	O	O	O	XO
				XXX
3 Callum Newton U17		DUNFERMLINE	2.87m	326
	1.78	2.47	2.57	2.67
	2.77	2.87	2.97	
	O	O	P	O
				XO
				XXX
3 Caleb McLeod U17		PITREAVIE AAC	2.87m	326
	2.47	2.57	2.67	2.77
	2.87	2.97		
	XO	O	O	O
				XXO
				XXX

Sunday 10th July Event 55 Decathlon: #8 Men Pole Vault U20 SM Mas

=====										
	CBP:	4.51m	14/07/2018	Tom Chandler SM, Central AC						
	2019:	4.00m	13/07/2019	Joel McFarlane U20, Arbroath & D						
Name	Age	Team						Finals	Points	
=====										
1	Eden Duff	Sen						2.77m	303	
	2.27	2.37	2.47	2.57	2.67	2.77	2.87			
	o	XO	o	o	o	XO	XXX			
1	Euan Wallace	U20						2.77m	303	
	2.27	2.37	2.47	2.57	2.67	2.77	2.87			
	o	o	o	o	o	o	XXX			
3	Derek Glasgow	55						2.37m	386	
	2.37	2.47								
	XXO	XXX								
4	Alistair Hill	70						2.17m	527	
	1.87	1.97	2.07	2.17						
	XO	XO	o	o						
5	Ross Lawrie	U20						1.78m	100	
	1.78	1.87								
	o	XXX								
Flight 2										
1	William Hodi	U20						4.17m	665	
	3.57	3.67	3.77	3.87	3.97	4.07	4.17	4.27		
	o	P	o	o	o	o	XXO	XXX		
2	Alistair Mackay	U20						3.77m	554	
	3.27	3.37	3.47	3.57	3.67	3.77	3.87			
	o	o	o	o	XXO	XXO	XXX			
3	Lexx McConville	U20						3.37m	449	
	3.27	3.37	3.47							
	XO	o	XXX							
4	Jonathan Cameron	U20						2.97m	350	
	2.37	2.47	2.57	2.67	2.77	2.87	2.97	3.07		
	o	o	o	o	o	o	XO	XXX		
5	Dakota Sattar	U20						2.77m	303	
	2.07	2.17	2.27	2.37	2.47	2.57	2.67	2.77	2.87	
	o	P	o	o	o	o	o	XXO	XP	
6	Danny Hagan	U20						2.67m	280	
	2.37	2.47	2.57	2.67	2.77					
	o	o	XO	o	XXX					
6	Lewis Vick	U20						2.67m	280	
	2.47	2.57	2.67	2.77						
	o	XO	XO	XXP						

Sunday 10th July Event 56 Outdoor Pentathlon: #3 Girls Long Jump U13G

=====						
CBP:	4.90m	15/07/2018	Mya McMahon U13g, Dunfermline			
2019:	4.50m	14/07/2019	Sadie Parker U13, Blyth Runnin			
Name	Age	Team	Finals	Wind	Points	
=====						
Flight 1						
1	Leanna Elliot U13	AIRDRIE HARRIERS	4.56m	-0.2	443	
	4.39m(1.6) 4.53m(+0.0) 4.56m(-0.2)					
2	Katy Pang U13	NORTH SHIELD	4.41m	+0.0	406	
	4.41m(+0.0) 4.25m(1.2) 4.06m(1.1)					
3	Dionne Maguinness U13	AIRDRIE HARRIERS	4.28m	1.3	374	
	3.99m(-1.3) 4.28m(1.3) 4.18m(2.6)					
4	Gemma Forgie U13	ELGIN AAC	4.16m	2.1	345	
	3.97m(+0.0) 4.14m(2.3) 4.16m(2.1)					
5	Maddison Macmillan U13	LOCHABER AC	4.05m	0.6	319	
	3.98m(0.2) 4.05m(0.6) 4.00m(1.5)					
6	Erin Burnett U13	GARSCUBE HARRIERS	4.02m	1.6	312	
	3.43m(1.4) 4.02m(1.6) 3.99m(3.0)					
6	Faye Allan U13	PITREAVIE AAC	4.02m	1.9	312	
	3.71m(-0.1) 3.84m(-0.2) 4.02m(1.9)					
8	Jenna Gage U13	ELGIN AAC	3.88m	0.6	281	
	FOUL(0.7) 3.88m(0.6) FOUL(2.4)					
9	Rebecca Etherington U13	GATESHEAD HA	3.53m	0.2	206	
	3.50m(+0.0) 3.53m(0.2) 3.44m(0.7)					
10	Alexandra Montgomery U13	CENTRAL AC	2.98m	2.6	104	
	2.58m(2.1) 2.98m(2.6) 2.53m(0.1)					

Sunday 10th July Event 57 Heptathlon: #6 Women Javelin U20 SW 600g

=====						
CBP:	43.51m	01/07/2017	Ellen Barber SW, YEOVIL OLYMPIADS			
2019:	38.36m	13/07/2019	Natasha Smith Sen, Birchfield H			
Name	Age	Team	Finals	Points		
=====						
1	Brooke Dunlop U20	KILMARNOCK H&AC	29.62m	469		
	29.62m 27.98m 26.54m					
2	Amy Kennedy U20	CUMBERNAULD AAC	29.07m	459		
	28.85m 29.07m 28.61m					
3	Isla Raeburn U20	KILMARNOCK H&AC	27.46m	429		
	25.43m 27.46m 26.26m					
4	Leah Howard U20	BLACKPOOL WY	27.06m	421		
	25.68m 22.87m 27.06m					
5	Hannah Wallace U20	CUMBERNAULD AAC	20.97m	307		
	20.56m 19.76m 20.97m					
6	Briagha Cook Sen	ABERDEEN AAC	16.50m	224		
	14.75m 16.50m FOUL					
7	Emma Kelly Sen	KILBARCHAN AAC	15.07m	198		
	15.07m 13.07m 14.69m					
8	Ellen Montgomery U20	CENTRAL AC	12.27m	147		
	11.34m 12.27m FOUL					

Sunday 10th July Event 58 Outdoor Pentathlon: #4 Girls Shot Put U13G 3kg

=====					
CBP:	10.37m	15/07/2018	Angela Margitta Kelly U13g, Aberdeen		
2019:	9.67m	14/07/2019	Jessie Caig U13, North Ayrshi		
Name	Age	Team	Finals	Points	
=====					
1 Rebecca Etherington U13		GATESHEAD HA	8.56m	436	
	7.44m	8.56m	8.06m		
2 Leanna Elliot U13		AIRDRIE HARRIERS	7.48m	366	
	7.39m	6.37m	7.48m		
3 Dionne Maguinness U13		AIRDRIE HARRIERS	7.28m	353	
	6.17m	7.19m	7.28m		
4 Katy Pang U13		NORTH SHIELD	6.69m	315	
	6.69m	5.97m	6.12m		
5 Gemma Forgie U13		ELGIN AAC	6.16m	281	
	6.16m	6.00m	6.13m		
6 Alexandra Montgomery U13		CENTRAL AC	5.95m	268	
	5.95m	5.83m	5.44m		
7 Faye Allan U13		PITREAVIE AAC	5.79m	258	
	5.16m	4.26m	5.79m		
8 Jenna Gage U13		ELGIN AAC	5.66m	250	
	5.40m	5.40m	5.66m		
9 Maddison Macmillan U13		LOCHABER AC	5.51m	240	
	5.51m	5.31m	5.30m		
10 Erin Burnett U13		GARSCUBE HARRIERS	5.23m	223	
	5.23m	FOUL	5.16m		

Sunday 10th July Event 59 Outdoor Pentathlon: #4 Girls High Jump U15G

=====					
CBP:	1.63m	15/07/2018	Jilly Lefebvre U15g, North Ayrshi		
2019:	1.59m	14/07/2019	Jenna Hilditch U15, VP-Glasgow A		
Name	Age	Team	Finals	Points	
=====					
1 Enam Evong U15		LIVINGSTON AC	1.44m	555	
	1.17	1.20	1.23	1.26	1.29
	1.32	1.35	1.38	1.41	1.44
	1.47				
	O	O	O	O	O
	O	XXO	O	XXO	XXO
	XXX				
1 Millie Newall U15		SPRINGBURN HARRIERS	1.44m	555	
	1.23	1.26	1.29	1.32	1.35
	1.38	1.41	1.44	1.47	
	O	O	O	XO	XO
	XXO	XXO	XXX		
3 Jaymee Brown U15		NORTH AYRSHIRE AAC	1.41m	523	
	1.32	1.35	1.38	1.41	1.44
	O	O	O	O	XXX
4 Connie Bateman U15		CENTRAL AC	1.38m	491	
	1.17	1.20	1.23	1.26	1.29
	1.32	1.35	1.38	1.41	
	O	O	O	O	XXX
5 Ava Dunbar U15		CUMBERNAULD AAC	1.35m	460	
	1.14	1.17	1.20	1.23	1.26
	1.29	1.32	1.35	1.38	
	O	O	XO	O	XO
	XXO	XXX			
5 Indya Kenny U15		ARBROATH & D	1.35m	460	
	1.29	1.32	1.35	1.38	
	XO	XO	O	XXX	
7 Dara Clark U15		CENTRAL AC	1.32m	429	
	1.26	1.29	1.32	1.35	
	XO	O	O	XXX	
8 Robyn Allan U15		LIVINGSTON AC	1.23m	340	
	1.08	1.11	1.14	1.17	1.20
	1.23	1.26			
	XO	O	XO	XO	XXO
	XO	XXX			

Sunday 10th July Event 59 Outdoor Pentathlon: #4 Girls High Jump U15G

=====									
CBP:		1.63m	15/07/2018	Jilly Lefebvre U15g, North Ayrshi					
2019:		1.59m	14/07/2019	Jenna Hilditch U15, VP-Glasgow A					
Name	Age	Team	Finals	Points					
=====									
Flight 2									
1	Victoria Anestik	U15	FALKIRK VICT	1.50m	621				
	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	
	O	O	O	O	O	XO	XO	XXX	
1	Loren Stewart	U15	CENTRAL AC	1.50m	621				
	1.38	1.41	1.44	1.47	1.50	1.53			
	O	O	O	XXO	O	XXX			
1	Senna Gorvett	U15	BLYTH RUNNING CLUB	1.50m	621				
	1.32	1.35	1.38	1.41	1.44	1.47	1.50	1.53	
	O	P	O	O	O	XXO	XXO	XXX	
4	Shannon Brown	U15	NORTH AYRSHIRE AAC	1.47m	588				
	1.32	1.35	1.38	1.41	1.44	1.47	1.50		
	O	O	O	O	O	XXO	XXX		
5	Grace Elizabeth Malley	U	WHITEMOSS AAC	1.44m	555				
	1.32	1.35	1.38	1.41	1.44	1.47			
	O	O	XO	O	XO	XXX			
6	Charis Crawford	U15	SPRINGBURN HARRIERS	1.41m	523				
	1.32	1.35	1.38	1.41	1.44				
	O	O	XXO	XO	XXX				
7	Alannah Snowden	U15	LIVINGSTON AC	1.38m	491				
	1.32	1.35	1.38	1.41					
	O	O	XXO	XXX					
8	Naideen Dailly	U15	NORTH AYRSHIRE AAC	1.32m	429				
	1.32	1.35							
	O	XXX							
--	Hannah McDermott	U15	VP-GLASGOW AC	NH					
	1.38								
	XXX								

Sunday 10th July Event 60 Decathlon: #9 Men Javelin U17M 700g

=====									
CBP:		46.60m	01/07/2017	Joel McFarlane U17, Arbroath & D					
2019:		42.57m	13/07/2019	Adam Hoole U17, Team East Lo					
Name	Age	Team	Finals	Points					
=====									
Flight 1									
1	Zak Fearn	U17	INVERNESS HA	53.26m	637				
	48.96m	53.26m	PASS						
2	Finn Bryce	U17	ABERDEEN AAC	35.71m	380				
	35.71m	30.78m	FOUL						
3	Caleb McLeod	U17	PITREAVIE AAC	23.73m	212				
	17.59m	15.69m	23.73m						
4	Callum Newton	U17	DUNFERMLINE	19.87m	160				
	FOUL	19.87m	FOUL						

Sunday 10th July Event 61 Decathlon: #9 Men Javelin U20 SM Mas

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CBP:	49.08m	13/07/2019	Matej Papp Sen,	Inverness Ha	
2019:	49.08m	13/07/2019	Matej Papp Sen,	Inverness Ha	
Name	Age	Team	Finals	Points	
=====					
1 Danny Hagan U20		WATERFORD AC	32.12m	329	700g
	32.12m 31.54m 30.20m				
2 Derek Glasgow 55		ARBROATH & D	23.08m	312	700g
	FOUL 20.06m 23.08m				
Flight 2					
1 Alister Mackay U20		INVERNESS HA	42.04m	472	700g
	42.04m 39.26m 41.27m				
2 Jonathan Cameron U20		INVERCLYDE AC	41.52m	464	700g
	41.01m 37.31m 41.52m				
3 William Hodi U20		NAIRN AREA AAC	37.56m	407	700g
	37.56m 35.98m 36.39m				
4 Eden Duff Sen		KILBARCHAN AAC	36.37m	390	800g
	34.33m 33.60m 36.37m				
5 Alistair Hill 70		MIDDLESBROUG	34.63m	710	500g
	34.63m FOUL PASS				
6 Dakota Sattar U20		VP-GLASGOW AC	33.30m	346	700g
	33.20m FOUL 33.30m				
7 Euan Wallace U20		CUMBERNAULD AAC	31.02m	314	700g
	FOUL 30.43m 31.02m				
8 Lewis Vick U20		NORTH AYRSHIRE AAC	28.04m	272	700g
	26.64m 24.49m 28.04m				
9 Ross Lawrie U20		CENTRAL AC	25.30m	234	700g
	25.30m 15.29m 24.81m				

Sunday 10th July Event 188 Girls Outdoor Pentathlon U13G

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CBP:	2805	15/07/2018	Stroma Fraser U13g,	Inverness	
2019:	2268	14/07/2019	Hannah Wilson U13,	Blyth Runn	
Name	Age	Team	Finals		
=====					
1 Leanna Elliot U13		AIRDRIE HARRIERS	2465		
2 Dionne Maguinness U13		AIRDRIE HARRIERS	2314		
3 Katy Pang U13		NORTH SHIELD	2235		
4 Erin Burnett U13		GARSCUBE HARRIERS	2141		
5 Rebecca Etherington U13		GATESHEAD HA	1861		
6 Gemma Forgie U13		ELGIN AAC	1852		
7 Maddison Macmillan U13		LOCHABER AC	1686		
8 Jenna Gage U13		ELGIN AAC	1619		
9 Faye Allan U13		PITREAVIE AAC	1550		
10 Alexandra Montgomery U13		CENTRAL AC	1218		

Saturday 9th July Event 189 Boys Outdoor Pentathlon U13B

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CBP:	1930	01/07/2017	Fergus MacGilp U13,	Pitreavie	
2019:	1622	13/07/2019	Luke Pichler U13,	Wallsend Ha	
Name	Age	Team	Finals		
=====					
1 Murray Taylor U13		INVERNESS HA	1840		
2 Charlie Hunter U13		DUNFERMLINE	1489		
3 Murray Graham U13		SHETTLESTON	1043		

Sunday 10th July Event 190 Girls Outdoor Pentathlon U15G

Name	Age	Team	Finals
CBP:	3246	1998	Aileen Wilson, PBH
2019:	3012	14/07/2019	Jenna Hilditch U15, VP-Glasgo
1 Victoria Anestik U15		FALKIRK VICT	3163
2 Grace Elizabeth Malley U		WHITEMOSS AAC	2763
3 Loren Stewart U15		CENTRAL AC	2702
4 Shannon Brown U15		NORTH AYRSHIRE AAC	2692
5 Senna Gorvett U15		BLYTH RUNNING CLUB	2542
6 Hannah McDermott U15		VP-GLASGOW AC	2476
7 Alannah Snowden U15		LIVINGSTON AC	2425
8 Enam Evong U15		LIVINGSTON AC	2373
9 Naideen Dailly U15		NORTH AYRSHIRE AAC	2369
10 Millie Newall U15		SPRINGBURN HARRIERS	2300
11 Jaymee Brown U15		NORTH AYRSHIRE AAC	2239
12 Robyn Allan U15		LIVINGSTON AC	2139
13 Charis Crawford U15		SPRINGBURN HARRIERS	2128
14 Connie Bateman U15		CENTRAL AC	2093
15 Ava Dunbar U15		CUMBERNAULD AAC	1882
16 Dara Clark U15		CENTRAL AC	1862

Saturday 9th July Event 191 Boys Outdoor Pentathlon U15B

Name	Age	Team	Finals
CBP:	3157	2003	Gregor Simey, CBY
2019:	2793	13/07/2019	Fergus MacGilp U15, Pitreavie
1 James Clark U15		VP-GLASGOW AC	2688
2 Luc Macleod U15		BANCHORY STO	2671
3 Ray Taylor U15		FALKIRK VICT	1692

Sat 9th & Sun 10th July Event 193 Women Heptathlon U17W Mas

Name	Age	Team	Finals
CBP:	5051	02/07/2016	Holly McArthur, Whitemoss AA
2019:	4763	13/07/2019	Katie Burr U17, VP-Glasgow A
1 Stroma Fraser U17		INVERNESS HA	4618
2 Zoe Loughrey U17		VP-GLASGOW AC	4087
3 Millie Train U17		BLYTH RUNNING CLUB	3631
4 Carly Smith U17		LIVINGSTON AC	3492
5 Ellen Macleod U17		BANCHORY STO	3381
6 Kirstin Penman U17		DUNFERMLINE	3379
7 Isabella Passway U17		DUNDEE HAWKH	3095
8 Ellie McGee U17		ABERDEEN AAC	2804
9 Esther Taylor U17		HARMENY AC	2800
10 Molly Macfarlane U17		CENTRAL AC	1856

Sat 9th & Sun 10th July Event 194 Women Heptathlon U20 SW

Name	Age	Team	Finals
CBP:	5422	13/07/2019	Holly McArthur Sen, Edinburgh
2019:	5422	13/07/2019	Holly McArthur Sen, Edinburgh
1 Hannah Wallace U20		CUMBERNAULD AAC	3449
2 Brooke Dunlop U20		KILMARNOCK H&AC	3262
3 Briagha Cook Sen		ABERDEEN AAC	3195
4 Leah Howard U20		BLACKPOOL WY	2782
5 Isla Raeburn U20		KILMARNOCK H&AC	2684
6 Emma Kelly Sen		KILBARCHAN AAC	2116
7 Ellen Montgomery U20		CENTRAL AC	2086

Sat 9th & Sun 10th July Event 197 Men Decathlon U17M

Name	CBP:	Age	Team	Finals
	6781	01/07/2017	Joel McFarlane U17, Arbroath	
	2019:	5408	13/07/2019 Adam Hoole U17, Team East Lo	

1 Zak Fearn U17	INVERNESS HA	5597
2 Caleb McLeod U17	PITREAVIE AAC	5012
3 Callum Newton U17	DUNFERMLINE	4740
4 Finn Bryce U17	ABERDEEN AAC	4555

Sat 9th & Sun 10th July Event 199 Men Decathlon U20 SM Mas

Name	CBP:	Age	Team	Finals
	7038	14/07/2018	Joel McFarlane U20m, Arbroath	
	2019:	6053	13/07/2019 Cal McLennan Sen, Edinburgh A	

1 William Hodi U20	NAIRN AREA AAC	6580
2 Alister Mackay U20	INVERNESS HA	6202
3 Jonathan Cameron U20	INVERCLYDE AC	5658
4 Dakota Sattar U20	VP-GLASGOW AC	4512
5 Euan Wallace U20	CUMBERNAULD AAC	4424
6 Danny Hagan U20	WATERFORD AC	4243
7 Eden Duff Sen	KILBARCHAN AAC	4178
8 Lewis Vick U20	NORTH AYRSHIRE AAC	3612
9 Ross Lawrie U20	CENTRAL AC	3114

Sat 9th & Sun 10th July Event 974 Men Decathlon Masters

Name	CBP:	Age	Team	Finals
	5772	14/07/2019	Derek Glasgow M55, Inverness	
	2019:	5772	14/07/2019 Derek Glasgow M55, Inverness	

1 Alistair Hill 70	MIDDLESBROUG	6673
2 Derek Glasgow 55	ARBROATH & D	4998